

ANTARCTICA EXPEDITION CRUISES



Adventure Travel Done Right

Welcome to our new travel season! The expedition cruises you'll see on these pages have been crafted to give you the best adventure travel experience imaginable. We take you to some of the most naturally beautiful, culturally rich, and downright wildest places on the planet – and we do so in a way that gives back.

Our philosophy is that we should leave only positive footprints behind wherever we travel. That's why we go in small ships, trade locally, and contribute to eco projects in our destinations. In fact, our bold ambition is to be the world's most sustainable adventure travel company.

This season we have some truly exceptional voyages to your favourite destinations. Whether it's witnessing the immense grandeur of Alaska you yearn for, or the adventure of passing through the fabled Northwest Passage, or perhaps you're ready for the soul soothing tranquillity and beauty on offer in Greenland and Svalbard – we have something for everyone.

If phenomenal wildlife and scenery is your thing then the Galápagos Islands will blow you away – but we're excited to be offering another incredible destination. West Africa's magical Bissagos Islands are a designated UNESCO Biosphere Reserve and one of the least-visited corners of the world. Their relative isolation has helped preserve both the biodiversity and cultural traditions – something we aim to retain.

So, if it's adventure you're seeking, done in the most respectful and sustainable manner possible, look no further. Join us as we explore the world together, learning as we go and leaving only positive footprints behind.





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Explore the world with us

To read more about
our cruises, please visit
hurtigruten.co.uk



SVALBARD

66°33'N ARCTIC CIRCLE

NORWAY

EUROPE

AFRICA

ICELAND

BRITISH ISLES

CANARY ISLANDS

SENEGAL
GAMBIA
GUINEA-BISSAU

EQUATOR

South Atlantic Ocean

66°33'S ANTARCTIC CIRCLE

ANTARCTICA

12

REASONS TO GO WITH US

It's been almost 130 years since we first pioneered expedition cruising. Join us as we continue to explore the planet, visiting some of the world's most beautiful and pristine regions – you'll be expanding your horizons in more ways than one!

1 230 ports and landing sites

Encompassing 15 global destinations, our expedition cruises probe the furthest reaches of the planet, from Antarctica to the Arctic, Galapagos to Guinea Bissau, as well as the legendary Northwest Passage.

2 Expect the unexpected

An expedition cruise is an experience like no other. In true explorer style we work with nature, changing our plans to seek out exciting opportunities and setting our course for adventure.

3 Unique experiences

Whether it's setting foot on Antarctica, kayaking at the foot of an Alaskan glacier, or visiting a tribal community in Africa's little-visited Bissagos Islands – authentic experiences await you.



4 Expedition Teams

Handpicked experts from a range of fields will deliver lectures, guide you on shore visits, take you kayaking and expedition boat cruising while fostering your sense of wonder in the places we visit.

5 Science focus

With our onboard scientists and the most extensive science programme in the industry, we bring nature right into the heart of our ships where you can learn more about our destinations and contribute to important research.

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© CREDIT: PAVEL CHMERVA, WILL TRAVEL | AN ARCTIC IDA / ALAMY STOCK PHOTO



© ANDREA KLAUSNER

6
Modern expedition ships
 Engineered for exploration, small enough to dock at local ports and get intimate with nature – all our ships feature stylish cabins designed for comfort and relaxation.

7
Green pioneers
 From our state-of-the-art hybrid electric ships, our ban on single use plastic and our focus on environmental protection, our desire to drive change for good sits at the heart of our ethos.



© RUTT

10
Working with local communities
 Whether it's an Inuit settlement in Arctic Canada or a village in tropical Cape Verde, supporting and trading with the local communities we visit is how we've always done business.

11
Full immersion experience
 Expedition boats for beach landings, kayaks for water level exploration, snow shoes and survival gear – you'll be getting up close and personal with the environment in the destinations you visit.

12
Friendly and informal
 There's no dress code onboard, and you'll experience a warm and professional service. Just relax – after all, we've been doing this for over 130 years!



© AGURTYANE CONCELLON

8
Delicious food
 Regionally inspired and locally sourced, all food is cooked by master chefs and served in our stylish onboard restaurants, and features a diversity of exquisite seafood, meat and plant-based dishes.

9
Inclusive value
 All our expedition cruises feature included extras such as complimentary beer and wine at meals, free Wi-Fi and an activity in every port of call – and there are no extra taxes or gratuities to pay.



© YURI CHOUFOUR



Your Expedition Team are your handpicked hosts, here to ensure your expedition is an adventure full of exciting and informative experiences.

EXPERTS IN EXPLORATION

Our Expedition Team members come from all over the world and from all walks of life. You'll find each of them to be a walking treasure trove of fascinating facts and charming stories. There's a wonderful mix of youth and maturity, unique interests, and colourful backgrounds. But what they all have in common is a passion for travel, a love of our planet, and a desire to share their knowledge. Together, they'll enhance your experience and take your expedition to a whole new level.

Experienced in sustainable expeditions

Adventurers in their own right, the Expedition Team have decades of exploration knowhow and are experts on the destination you are in. Some are Arctic Nature Guides or rangers; others have worked as ecologists on remote research and conservation projects; all are well-versed in AECO and IAATO guidelines. Each team member is deeply committed to sustainability and trained to safeguard you, the wildlife, and the fragile habitats we explore.

Specialists in their fields

You'll be impressed by the breadth and depth of knowledge and experience among our Expedition

Team. Several are specialists in their fields and have held prestigious posts within the scientific and research community. Among them are lecturers, conservationists, journalists, researchers and CEOs. Your guides may be marine and wildlife biologists, social anthropologists, oceanographers, archaeologists, ornithologists, palaeontologists or glaciologists.

Learn from the experts

What sets our Expedition Teams apart are their energy and enthusiasm. They love nothing more than to chat with guests out on deck and on landings, sharing fun facts and anecdotes. They are also talented communicators, delivering powerful lectures and engaging talks on topics such as glaciology, history, biology, archaeology, anthropology, and other destination-specific themes.

Scientific focus

With their scientific skillset, the Expedition Team are well placed to help you make good use of the ship's state-of-the-art Science Center. You'll have advanced microscopes to analyse rock, fossil and biological samples taken from the field. Some Expedition

Team members are even involved in conducting their own research while on board and will only be too happy to share their findings with curious guests.

Citizen Scientists

Citizen Science Projects, like HappyWhale and phytoplankton photography, are another way you can get involved in a positive way. The Expedition Team will introduce the available projects, explaining their importance in helping scientists gather real-time data for studies related to climate change and endangered species. Uploading your observations of wildlife and nature to live research projects contributes to our collective understanding of our precious planet.

Active adventure

The multi-talented Expedition Team will be busy organising a range of onboard activities for you, covering art workshops, photography tips, yoga classes, and meditation sessions. They'll also accompany you off the ship on landings, scouting out the area, answering questions, pointing out interesting sights, and taking the lead on thrilling hikes.

Citizen science

Collect data from across the planet while on your expedition cruise and contribute to important scientific research. These are the Citizen Science Projects we support.

Collaborators:



Western Washington University



Scripps Institution of Oceanography



University of Oxford



The University of the Andes



California Ocean Alliance



The University Centre in Svalbard



Institute of Marine Research



The Arctic University of Norway



The Norwegian Institute for Water Research



ORCA



Institute for Marine and Antarctic Studies (IMAS)



University of Tasmania



Aurorasaurus

Submit sightings of the Northern Lights to contribute to a visibility map, forecast validation and scientific research.

NORTH AMERICA

North Pacific Ocean

North Atlantic Ocean

SOUTH AMERICA

South Pacific Ocean

Fjord Phyto

Fjord Phyto

Collect samples and important data from polar regions to assist scientists studying climate change impact on phytoplankton.

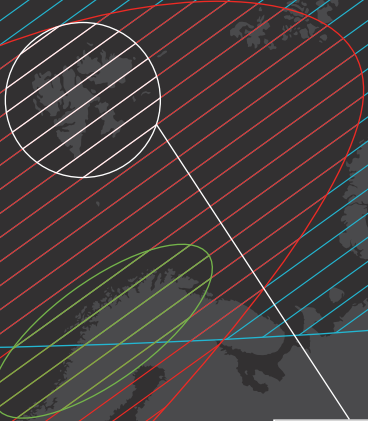
Sea Leopard Project


Sea Leopard

Submit your images of leopard seals to contribute to studies into their behaviour, population dynamics and conservation.

DRAKE PASSAGE

ANTARCTIC PENINSULA



 **UNIS Cruise#Science**
 Collect samples from the local environment so scientists can better understand the ecosystem of the Svalbard Islands.

EUROPE

AFRICA



HappyWhale
 Use your images to help marine biologists identify whales by their markings and track them around the globe.



Globe cloud observer
 Capture photos of cloud formations to complement NASA's satellite images and help environmental studies.



PolarTag
 Help scientists track animals throughout their lives by photographing their tags and logging location, date and time data.

The Secchi Disk Foundation

The Secchi Disk Study
 Measure seawater transparency using a Secchi Disk and submit your findings to aid scientific research into phytoplankton.

eBird

Bird observations
 Create checklists of bird sightings, include species, locations and dates, to track populations and aid research.

South Atlantic Ocean

Seabird surveys with ASI



Oceanities
 Help count and track penguin population changes by contributing to the Antarctic Site Inventory.

eBird

eBird
 Log details of your bird sightings to aid research, monitor biodiversity and guide conservation.



Penguin Watch
 Help scientist monitor populations by counting penguins on the millions on of images collected



Add on more adventure to your expedition with us, choosing from more than 300 optional excursions as well as pre and post-extensions in destinations across four continents.

Local experts all over the world

All the excursions and extensions we offer as part of your expedition are run by suppliers in the destinations we visit. Each excursion and extension is carefully handpicked to ensure you get the best of the bunch. This means you'll get an authentic experience delivered by local experts who are truly in the know. It also means we'll be helping support livelihoods and local economy in these communities. It's a win-win situation for everyone!

Extra excitement every time

Aside from all the activities and excursions already included, there are also a large range of optional excursions that you can pick from and pay for. Here are just a few examples of the added fun you can have: snorkelling in crystal clear waters in the Caribbean; sleeping in a tent close to thousands of penguins in Antarctica; seeing the Northern Lights on a dogsledding trip or from a snowmobile in the Arctic winter; discovering ruins of ancient civilisations in South America. You can also visit national parks, museums and famous UNESCO sites, join local food tastings, go

on history walks, hikes and enjoy kayaking all over the world.

Adventures before or after your expedition

You'll be journeying to exotic parts of the world to meet your expedition ship. Adding a few days at the beginning or at the end of your expedition with one of our pre or post-programmes is a great way to get you in the right frame of mind at the start your expedition and to continue to scratch your explorer's itch at the end of it.

Specific optional excursions and available extensions can be found under the itinerary of each expedition cruise on our website; hurtigruten.co.uk



© HURTIGRUTEN



**TAKING
YOUR
EXPEDITION
FURTHER**



SCIENCE CENTER, MS ROALD AMUNDSEN ©AGURTXANE CONCELLON

YOUR HAVEN TO THE HORIZON

Your expedition ship is your home away from home; casual, comfortable, and complete with everything you need for your adventure and more.

If you pictured an expedition as being on a rusty old frigate with faded décor, prepare to have your expectations blown away. We've made every effort to use natural materials. Imbuing your onboard environment with an earthy, elemental feel reminiscent of the places you'll be exploring. From the get-go, you'll see that life on the ship is relaxed and the atmosphere calm and informal. We want you to be thinking about all the exciting places you'll be discovering with us, not worrying about what you'll wear at dinner!

Each public area of the ship has been designed with your viewing pleasure in mind. You'll enjoy spending time on the outdoor

observation decks, where Expedition Teams can sometimes be found pointing out sites of interest in the surrounding landscape or identifying species of seabird. Enjoy swapping stories in the various seating areas which usually have great views. Together, we'll travel to the most remote coasts in the world and become one big family of explorers.

FROM WORKING OUT TO CHILLING OUT

Your ship comes equipped with a full suite of facilities for you to maintain an active lifestyle balanced by relaxation therapies in both body and mind.

Each of our expedition ships has an indoor gym, allowing you to keep fit. If you're on a hybrid ship, you can also enjoy the fresh sea air while working up a sweat in the outdoor gym or while doing lengths in the heated infinity pool. Watching the waves while circuiting the 150-metre outdoor running track might add an extra spring to your step! Our warm-water voyages organise daily yoga classes run by professional instructors.

Blow off some steam in the sauna with panoramic views or soak away any stresses in the outdoor hot tubs. A meditation session will take you on an inner journey to clear out mental cobwebs. To really treat yourself, there's the Wellness Center on our hybrid ships. Infuse yourself with an aromatherapeutic scrub, feel magical hands soothe tired muscles with a full-body massage, or pamper yourself with the Hurtigruten Signature treatment.





©JARLE HAGEN

LOVING LOCAL FOOD

Prepare your tastebuds for mouth-watering meals on board, inspired by the region's flavours and crafted mostly from locally sourced ingredients.

Low food miles, high quality

As we explore the coasts of countries across the world, each culture has its specialty produce that you'll be excited to savour firsthand. Sourcing our food locally supports local businesses, creates positive ripple effects in the communities we visit, and promotes more sustainable and seasonal eating. Good food, good karma.

Dishes of the destinations

Our chefs might pick a selection of unique local herbs and spices

to add to their dishes, infusing them with an extra twist. Each expedition also immerses you further in the local cuisine with a Signature Seafood Evening as well as tastings that showcase the region's delicacies.

Sophisticated plant-based menus

We believe that the future of food is a plant-based one. Rather than simply offer generic options on the menu, we've fully embraced full menus of gorgeous 'green' food. Every dish looks and tastes

so good! This is healthier eating, for you and potentially for the planet too.

A focus on food

The Expedition Team will give presentations that delve into the cultural connection of delicacies of the region. Or they might focus on how science can help agriculture or fishing become more sustainable. Your expedition may also feature optional excursions to nearby farms, fisheries, or vineyards.

PALATE PLEASERS

Your ship's restaurants serve up high-quality, perfectly presented dishes that really do taste as good as they look.

Aune - The main restaurant

Tuck into bountiful breakfasts with made-to-order eggs and omelettes and freshly baked bread, a generous lunch and a three to five-course dinner, accompanied by stunning views of the scenery outside.

Fredheim - Bistro-like café

From the open kitchen, Fredheim's chefs create dynamic dishes throughout the day, from

international favourites to local goodies. Treat yourself to chicken kebabs, steamed dumplings, NY-style beef hot dogs or one of our plant-based meals.

Lindstrøm - For fine dining

Enjoy a rotating menu of exceptional modern dishes inspired by the regions we explore. To complement your gourmet meal, ask for recommendations from the extensive wine list.

Cheers! Bottoms up! Skol!

After a day's adventure, there's nowhere better to go for a nightcap than the Explorer Lounge and Bar. Available beverages include hot drinks, juices, sodas, and a stock of beers, wine, and spirits. Try a glass (or two) of oak cask-matured Norwegian aquavit.



LEADING THE WAY IN SUSTAINABILITY

It's never been more important for us to protect this beautiful blue planet we call home, so that's why we're committed to sustainable exploration.

At Hurtigruten Expeditions, we hold a core belief that travel can – and should – be a force for good. Nobody can ignore the warnings presented to us every day in the news about the threats faced by the environment. So as a cruise operator feel we have both a duty and an opportunity to make a positive difference. In fact, our bold ambition is to be the most sustainable adventure travel business in the world.

But how do we achieve this? We think that taking concrete steps that have a measurable impact is the way forward. That's why we now have three expedition ships fitted with the latest battery hybrid propulsion technology, are upgrading our fleet with advanced wastewater systems, and place science and conservation efforts at the heart of our expeditions. What's more, we've committed to the UN's Science Based Targets to reduce emissions of greenhouse gases, with a target of zero emissions by 2050.

This is an ambitious target, but we want you to know that you're in good hands on your Hurtigruten Expeditions cruise when it comes to protecting the environment.





What we've achieved so far

It's said, "actions speak louder than words" and below you can see how our ethos of protecting the planet has translated into action. We're proud of the progress we've made in a range of areas, but rest assured, we're not stopping there. This is just the start and there are many more ambitious initiatives to come.

- We are working on the next generation of expedition ships, pushing environmentally friendly technology
- We have established the Hurtigruten Foundation to fund a variety of global eco-projects
- We were first to institute a fleet-wide ban on non-essential single-use plastic
- We launched the world's first hybrid electric-powered expedition ships and plan for more
- We quit using heavy fuel oil decades ago and still campaign for a worldwide ban
- We advocate stricter visitor regulations in the fragile destinations we explore
- We offer full menus of healthy and delicious plant-based dishes on board
- We inspire guests on every one of our cruises to be environmental ambassadors
- We collaborate with 18 international scientific institutes and share vital research data
- We support local communities by making a point to trade with small-scale suppliers
- We engage in voluntary beach clean-ups in many of the areas where we go ashore
- We are long-term members of AECO and IAATO, which work to protect polar regions
- We are fully transparent with our sustainability data and publish an annual ESG report



What is sustainability?

According to the UN World Commission on Environment and Development, sustainability is the ability to meet the needs of the present without compromising the ability of future generations to meet their needs. Sustainability is measured in three different pillars: environmental, social and economic – and they all count.

INCLUDED VALUE ON YOUR EXPEDITION



On a Hurtigruten Expeditions cruise you get outstanding value for money. There are no **hidden costs** and all of the following is included, so just relax and enjoy the experience of a lifetime.

Active immersion offered every day

Revel in the sense of adventure with an included activity every day. Whether it's a nature walk through a cloud forest or an expedition boat cruise in a picturesque fjord, there's a range of activities designed to inspire you.

Passionate Expedition Teams

Your cruise will be enriched beyond your expectations by our onboard group of highly skilled global experts. From leading onshore landings to delivering fascinating lectures and sharing spellbinding stories, our Expedition Teams will ignite your sense of wonder.

Immersive Science Programmes

Expand your mind as you collect and study samples from nature in our state-of-the-art Science Centers. Make a difference with Citizen Science projects and socialise with our onboard scientists.

Keep your wallet in your pocket

On an expedition cruise, the only surprises you'll get will be encounters with magnificent wildlife or waking up to awe inspiring scenery NOT hidden or extra fees, as all gratuities, taxes and even Wi-Fi are included.

Pro photos that capture memories

Fully re-live the moment with high quality digital photos. A professional photographer is also on hand to boost your skills with free workshops, personal tips and photoshoots.

The drinks are on us

Beer, wine and soda are provided with every meal, and you can enjoy free tea and coffee at any time. You'll also get a quality, reusable water bottle as part of our sustainability pledge.

Tantalise your taste buds

Enjoy outstanding cuisine as our onboard master chefs prepare delicious dishes featuring meat, seafood and plant-based options inspired by the region you're sailing in. Everything is made with quality local ingredients and served in our stylish signature restaurants.

Kick back and relax

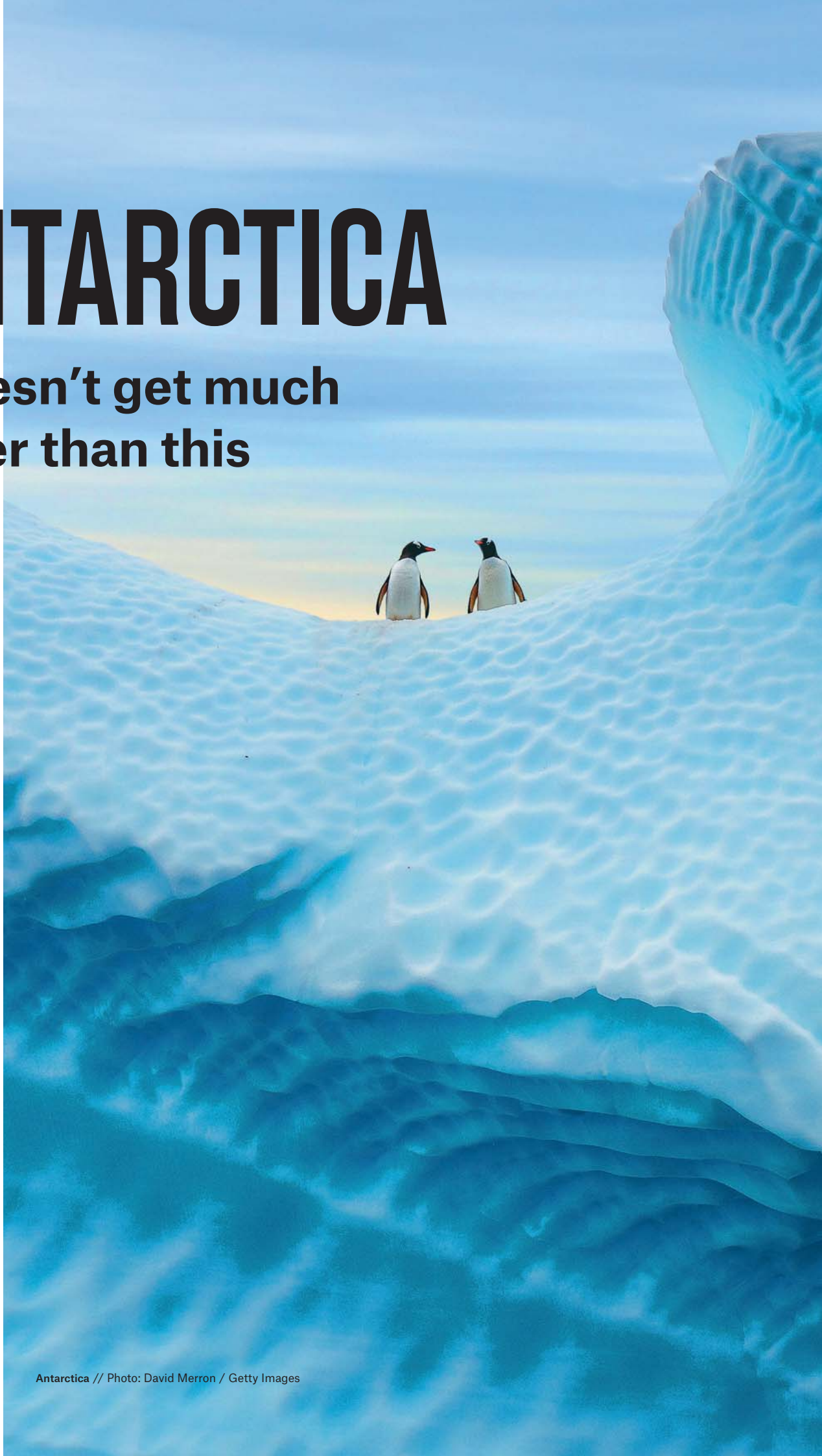
Well-equipped fitness suite, heavenly sauna and hot tubs, observation decks boasting panoramic views, a research library – these extensive, premium facilities are designed to make you feel at home while on board.

Equipped for adventure

We supply whatever equipment your destination requires, from snowshoes to paddleboards, so you can travel lighter and be well-prepared to get close to the places you visit. You'll take your free high-quality expedition jacket home with you, ready for the next adventure!

ANTARCTICA

It doesn't get much cooler than this



Antarctica // Photo: David Merron / Getty Images



Antarctica is a land of superlatives: the coldest, driest, and most remote continent on Earth. As a travel experience, nowhere else compares. Here, the elements rule and exploring this vast, white continent will seem daring and extreme to many. And that's exactly why you'll want to go.

Great Antarctic explorers like Roald Amundsen have described the seventh continent as "mythic", "otherworldly", and "like a fairy tale" – because Antarctica is like nowhere else on Earth. Most of us will never reach the moon or Mars, but you can visit Antarctica.

Incredible ice-scapes

One reason to go to Antarctica is for the splendour of its scenery; endless ranges of snow-coated mountains and the majesty of icebergs sculpted by sun, wind, and waves. Experience the tranquillity of the vast landscapes; the starkness of monochromatic white everywhere you look; and the way the light plays off shades and hues in the ice, sea and sky.

On the wild side

The krill-rich waters of the Southern Ocean are a beacon for abundant wildlife: whales, seals, seabirds and of course, penguins. The Antarctic Peninsula is home to an estimated population of 12 million penguins across several species. Depending on when during the Antarctic summer you visit, you'll witness their courting rituals first hand, see newly hatched chicks, or the moulting period.

Active exploration

You won't simply wave at Antarctica from the ship as you sail past it. Instead, you'll join our experienced Expedition Team

to go on landings ashore, on small boat cruises in the area, and on optional activities like kayaking, snowshoeing, camping, and maybe even a polar plunge if you're feeling brave enough! No matter your activity level or interests, you can explore Antarctica in the way that best suits you.

Knowledge seekers

Our Expedition Team are there to guide and enhance everything you see and experience in Antarctica, sharing their insights on geology, climate change, polar history, and wildlife. We also offer photography tutorials, Citizen Science projects, and access to the ship's onboard Science Center, a fully-equipped learning zone with a library, microscopes and other advanced tech.

Boldly going beyond

New for this season, some of our expeditions will attempt landings south of the Antarctic Circle in Marguerite Bay, Crystal Sound and the Weddell Sea. Much like the great explorers before you, your expedition will be determined by the weather and sea conditions, where plans sometimes change and adventure presents itself in unexpected ways... which is exactly what you'd expect from a polar expedition.

Protecting the pristine

Antarctica is a pure and fragile environment. We work hard to ensure we leave nothing but sterilised boot prints and take nothing but precious memories. Our ice-class expedition ships combine state-of-the-art hybrid technology, helping us have the lowest possible CO2-footprint of all expedition cruises to Antarctica. We've sailed these polar waters for over 20 years.

📍 Antarctica

October 2024 – March 2025

The South Shetland Islands

These icy islands host a total of sixteen research stations and the surrounding waters support a range of life, from seabirds and penguins to whales and seals.

Deception Island

This distinctive ring-shaped volcanic caldera has a navigable opening that leads into a safe, natural harbour in the flooded interior.

Lemaire Channel

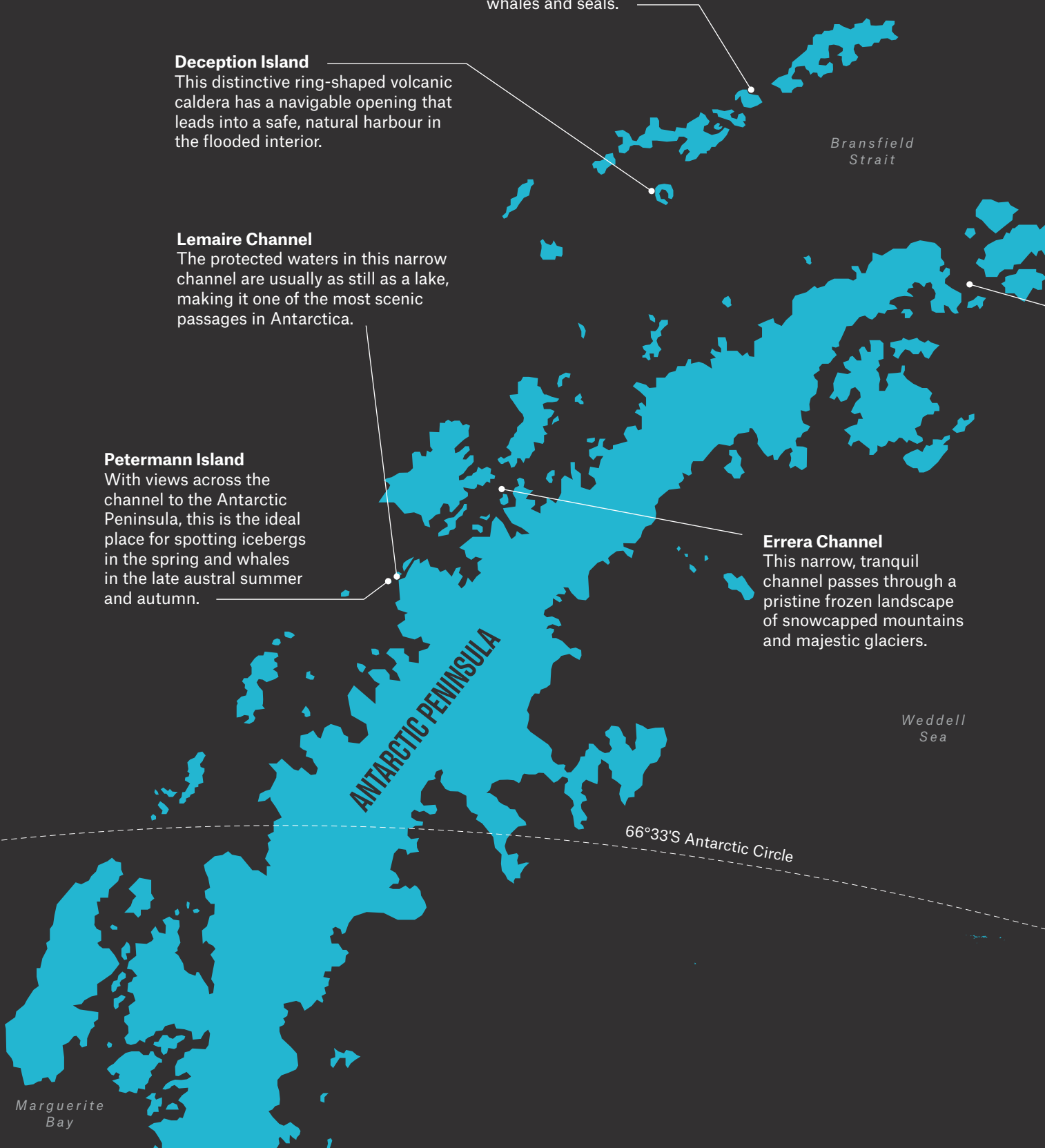
The protected waters in this narrow channel are usually as still as a lake, making it one of the most scenic passages in Antarctica.

Petermann Island

With views across the channel to the Antarctic Peninsula, this is the ideal place for spotting icebergs in the spring and whales in the late austral summer and autumn.

Errera Channel

This narrow, tranquil channel passes through a pristine frozen landscape of snowcapped mountains and majestic glaciers.



FALKLAND ISLANDS



Atlantic Ocean

Falkland Islands

From its charming capital Stanley to the grassy hills, stunning white sand beaches and turquoise waters, this stunning archipelago boasts wildlife like seals, albatrosses and four species of penguin.

SOUTH GEORGIA



South Georgia

Nicknamed the 'Serengeti of the Southern Ocean', this island's unique position free from sea ice makes it a breeding site for large colonies of penguins, other seabirds and seals.

South Orkney Islands

The cool, wet climate here supports an array of mosses, lichens and algae, and the islands are home to penguins, seals and seabirds like terns and skuas.

Antarctic Sound

This body of water at the tip of the Antarctic Peninsula sees massive mile-long icebergs brought here by the strong currents of the Weddell Sea.



SOUTH POLE
Amundsen 14 Dec 1911

ANTARCTICA

Discover the highlights and wildlife of the frozen continent and beyond.



THE EXPEDITION CRUISE FLEET

MS Roald Amundsen

11 departures:
Oct 2024 –
Mar 2025

MS Fridtjof Nansen

14 departures:
Nov 2024 –
Mar 2025

MS Fram

8 departures:
Oct 2024 –
Mar 2025

MS Maud

9 departures:
Nov 2024 –
Mar 2025

It's 1820, and the race to find the elusive southern continent is on. But who will be the first to discover it? What follows is a story of human endeavour, tenacity, determination, and the will to triumph where others failed.

DISCOVER with us

Photo: National Library of New Zealand

To truly tell the tale, we need to start earlier than 1820, going all the way back to ancient Greece. The Greek scholars were among the first to suggest that a sizeable southern continent could even exist. Aristotle stated that the symmetry of a sphere meant that the Earth's northern region had to be balanced by an equal southern region. This theoretical land was given the vague name Antarktos, or 'opposite Arktos'.

Fast-forward to the age of European exploration of the globe in the 15th century. The imaginary land was widely printed in maps and labelled 'Terra Australis Incognita' - Unknown Southern Land. For a time, Antarctica continued to be dismissed as 'reality, even if the thought of it fired the imagination of many an explorer. But sure enough, fantasy would soon pass into fact.

Crossing the Circle

In 1773, James Cook and his crew crossed the Antarctic Circle for the first time. He discovered isolated islands but found no continent. Little did he know that he had been just 128 kilometres from the Antarctic coast at one point in his journey. Cook famously declared, "I can be bold to say, that no man will ever venture farther than I have done and that the lands which may lie to the South will never be explored." It would take only 48 years to prove him wrong.

Land ahoy!

On 27 January 1820, a Russian expedition led by Bellingshausen crossed the Antarctic Circle, for only the second time in history till then. The following day, he became the first explorer to ever lay eyes on the unknown continent - an honour denied him due to incorrect translation of his journal. Just a year later, explorer and sealer John Davis became the first person to set foot on Antarctica. The seventh continent had finally been proven without a doubt at last.

The Heroic Age of Antarctic Exploration

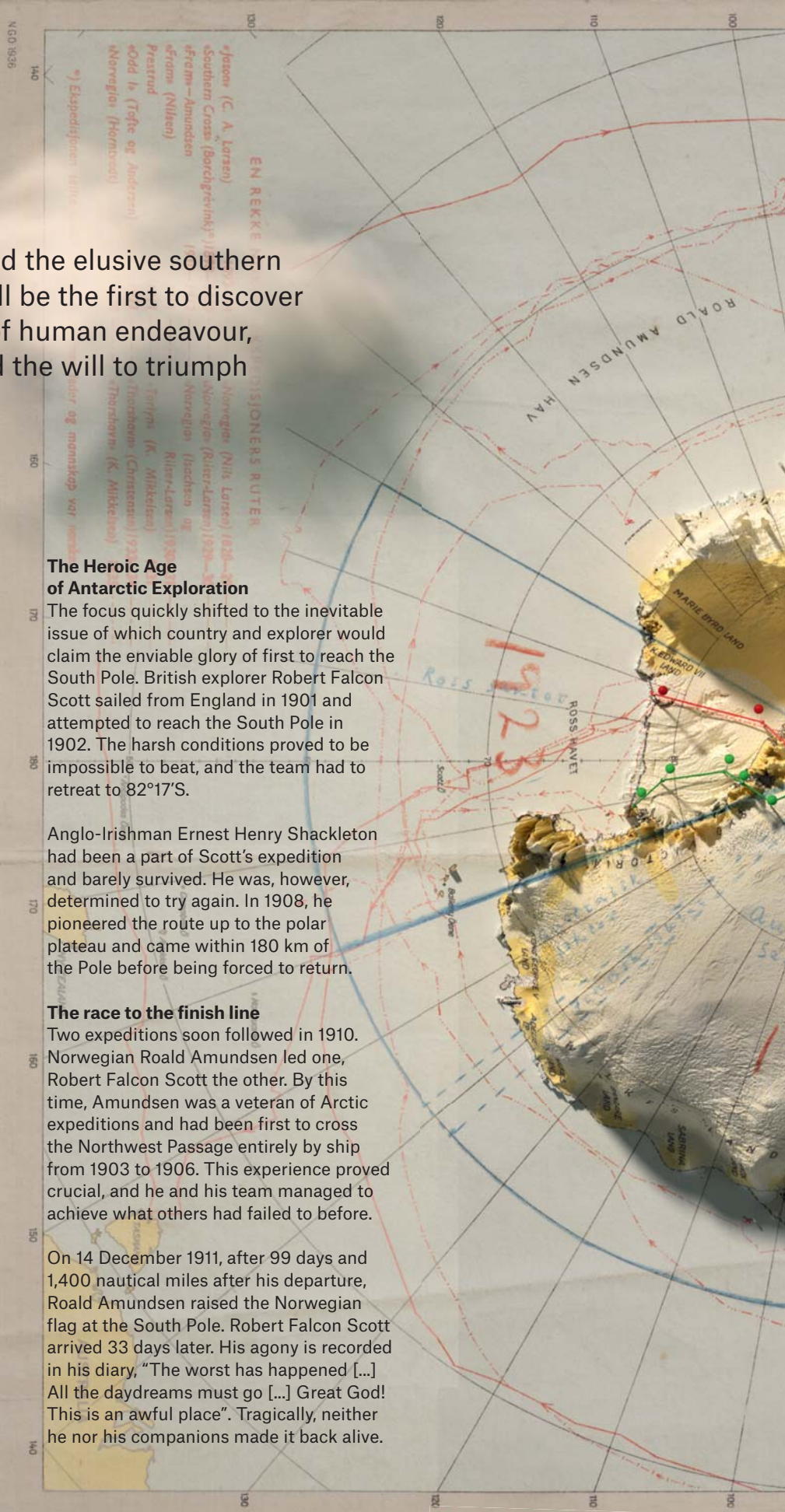
The focus quickly shifted to the inevitable issue of which country and explorer would claim the enviable glory of first to reach the South Pole. British explorer Robert Falcon Scott sailed from England in 1901 and attempted to reach the South Pole in 1902. The harsh conditions proved to be impossible to beat, and the team had to retreat to 82°17'S.

Anglo-Irishman Ernest Henry Shackleton had been a part of Scott's expedition and barely survived. He was, however, determined to try again. In 1908, he pioneered the route up to the polar plateau and came within 180 km of the Pole before being forced to return.

The race to the finish line

Two expeditions soon followed in 1910. Norwegian Roald Amundsen led one, Robert Falcon Scott the other. By this time, Amundsen was a veteran of Arctic expeditions and had been first to cross the Northwest Passage entirely by ship from 1903 to 1906. This experience proved crucial, and he and his team managed to achieve what others had failed to before.

On 14 December 1911, after 99 days and 1,400 nautical miles after his departure, Roald Amundsen raised the Norwegian flag at the South Pole. Robert Falcon Scott arrived 33 days later. His agony is recorded in his diary, "The worst has happened [...] All the daydreams must go [...] Great God! This is an awful place". Tragically, neither he nor his companions made it back alive.



MAP FILES	
country	Antarctica
subject	EXP.
scale	

FINDING THE FABLED FROZEN CONTINENT



Powers for peace

In the years to come, several countries claimed rights in Antarctica, and negotiations between Britain, Australia, New Zealand, France, Norway, Chile, Argentina and the USA began in 1948. Finally, to prevent conflict in the region, 12 countries signed the Antarctic Treaty in 1959.

The treaty set Antarctica aside as a scientific preserve, established freedom of scientific investigation and banned all military activity on the continent. The treaty was the first arms control agreement to be set during the Cold War. Antarctica remains to this day, a site for scientific research and a beacon for particularly adventurous travellers.

Now it's your turn!

Explorer history in Antarctica is a story of courage, adventure, and an unwavering desire to go where no one has gone before. Fortunately, getting to Antarctica is a much safer endeavour nowadays. We have explored some of the world's most challenging waters since 1893 and started sailings to Antarctica 20 years ago. Join us on an unforgettable journey, so that you too can be part of the history of the frozen continent.

Scott's route

Amundsen's route

1 cm = 31 u

ANTARKTIS OG SYDISHAVET

2

Our expedition cruises to Antarctica are not passive sail-bys. You'll be an explorer not a tourist, boarding small expedition boats, touring iceberg-filled bays and going ashore to see penguin colonies.

ACTIVE ADVENTURE IN ANTARCTICA



Landings

Whenever weather and sea conditions allow, we'll attempt landings via small expedition boats. Sites might include a scenic harbour, ruins from the whaling era, or penguin rookeries. Once ashore, the Expedition Team will guide you on where to go and what to see. You are free to walk around on your own, keeping a safe distance from any wildlife you encounter.

* Please note that these are optional activities and an additional cost applies.



Kayaking*

Enjoy the feeling of gliding through Antarctic waters in serene silence and admiring the sight of glaciers, icebergs and snow-covered mountains around you. You might even meet seals, birds, penguins and perhaps whales along the way.

Polar plunge

For the brave and bold, there is an option to literally dive into Antarctica at the end of one of the landings. A plunge into the icy-cold water for a few seconds will undoubtedly get your blood pumping. Only a few guests on each expedition ever take up the challenge. Will you?



Hiking*

Join the Expedition Team on long hikes handpicked by them, based on their deep and extensive knowledge of exploring the Antarctic Peninsula. Reaching the best viewpoints may involve some effort, making it all the more satisfying when you do.



Expedition boat cruising

Even though your expedition ship is specially designed for sailing in Antarctica, there are limits on where it can go. This is where our small explorer boats come in. Enjoy gliding through the water as you take in views of the surrounding white landscape and floating icebergs. You might spot seals, penguins or whales feeding on krill.



Lectures/talks and Science Center

Your expert Expedition Team will be delivering lectures on a range of topics, such as geology, marine biology, history, photography, and ornithology. This will be in the ship's onboard Science Center, out on deck, ashore during a landing, or when cruising in small boats.

You'll have access to the ship's Science Center, a treasure trove of information on Antarctica and other destinations. There are advanced microscopes here to analyse rock, soil and water samples taken from the field which are usually full of microscopic life for you to discover.

Citizen Science

You can also get involved in a variety of projects that ask you to document wildlife or aspects of the environment. Your photos are then uploaded to scientific organisations around the world. Not only do you engage with nature, but you'll contribute to important research too!



Camping*

Who wouldn't want to spend a magical night ashore on Antarctica? Best experienced with soft snow in late spring and early summer, camping is a popular activity and numbers are limited. Who gets to go usually has to be decided by a lottery system. Feeling lucky?



Snowshoeing*

This activity is only possible when snow conditions are right, which is usually late spring or early in the Antarctic summer. Equipped with modern snowshoes, you'll easily walk on the soft snow and reach places that are normally difficult to get to just on foot.



On deck guiding

Enjoy the art of relaxation as you cruise Antarctica with great views and good company. Our Expedition Teams are on board to make your trip better with useful information to make you learn even more about the amazing surroundings.



Wildlife on ice

The mighty, frozen continent that surrounds the South Pole is home to a surprisingly large array of animals.

Cute alert

The continent's signature animal is the penguin. The most common penguin species are Adélie, chinstrap, gentoos and emperor. With our Expedition Team guiding the way during your landings ashore, you are more than likely to meet these adorable, tuxedoed creatures.

Certain colonies may also be near families of seals. With their bulbous body and head, short snout, and



It's all in the ears – There are two natural groups of seals: true seals and fur seals. True seals differ from fur seals, such as sea lions, in that they have no outer ears and can't walk on all-fours. Fur seals are also smaller, with adult females weighing only 150 kg. True seals on the other hand, can be massive. A male elephant seal, for example, can weigh an impressive 4 tonnes!



A coat fit for a penguin – All penguins living in Antarctica have feathers devoted entirely to insulation. Penguin feathers are short, densely packed and, cleverly, also overlap. The structure and arrangement of their feathers helps them trap air all around their bodies. A thick coat of fat just beneath the skin completes the armour the hot-blooded penguins need not only to survive but thrive in the coldest place on earth.



Deep breaths – Whales are not fish; they belong to the mammal species known as cetaceans. And like any other mammal, whales need to breathe. This forces them up to the surface every 20 minutes or so. All of the whale species seen in Antarctica have had to migrate from afar, usually swimming thousands of miles. That's a lot of breaths just to get here. Even with an abundance of food triggered by the Antarctic summer's 24-hour sunlight, whales never forget to take a break from their around-the-clock feeding frenzy to surface and breathe.

deep, expressive, soulful eyes, there are few animals that will capture your heart like the Weddell seal. A Weddell seal pup just multiplies that cuteness factor by ten.

Birds up high, giants below

The Antarctic Ocean is a feeding ground for several whale species: blue, fin, humpback, minke, orcas, southern right and sperm whales. You might see these magnificent giants surfacing near the ship and

even breaching acrobatically and dramatically out of the water.

There are vast amounts of seabirds breeding along the coast and offshore islands of Antarctica. From the deck, you might spot albatrosses, petrels, cormorants, fulmars, gulls, terns and skuas, among others.

12 days MS Fridtjof Nansen/MS Roald Amundsen

MS Fridtjof Nansen, 12 departures: 17, 27 November, 7, 17, 27 December 2024; 6, 16, 26 January, 5, 15, 25 February and 7 March 2025

MS Roald Amundsen, 3 departures: 4 December 2024; 28 February and 10 March 2025

HIGHLIGHTS OF ANTARCTICA

Looking for a concentrated expedition cruise that's all about the frozen continent? This is it. Together with us, you'll explore the Antarctic Peninsula on an adventure like no other.

From Buenos Aires to the Drake Passage

Spend a night in the Argentine capital, the place where the tango was born and is still celebrated in bars and clubs across the city. The next day, you'll fly to Ushuaia and board your hybrid-powered ship, which will sail south into the Drake Passage towards Antarctica.

That's when we enter expedition mode for real, allowing sea ice and local weather to determine our agenda on any given day. But with decades of experience sailing here and more than 20 possible landing spots in the Antarctic Peninsula, we always bring you the best sites available at the time.

The wonders of Antarctica

It'll be summer when you get to Antarctica. The temperature is milder and the five days you spend here among the icebergs and glaciers will seem longer. You'll enjoy the sight of colonies of thousands of penguins with their down-covered chicks, look out for the whales too.

Our Expedition Team will take you ice-cruising and on landings so you can experience the scenery up close, and you may even get the chance to go kayaking among the icebergs.



Above:
Gentoo Penguins
with chicks.
Right: Expedition
boat cruising,
Wilhemina Bay,
Antarctica.



©GENINA TROLAND



ITINERARY

- Day 1: Buenos Aires
- Day 2: Buenos Aires/ Ushuaia
- Day 3-4: At sea
- Day 5-9: Antarctica
- Day 10-11: At sea
- Day 12: Ushuaia/ Buenos Aires

Polar Outside from £6,880 pp
Arctic Superior from £7,456 pp
Suite from £9,396 pp
 Tourcode: FNANT2411/AMANT2414

From prices are capacity controlled and correct at time of printing. For further details on prices and conditions, please see the website. Please make sure you meet all entry and boarding requirements. All itineraries and planned landings are subject to weather and may change.



INCLUDED ACTIVITIES

- Lecture programme
- Nature landings
- Expedition boat cruising
- Science activities
- Art activities
- Photo lectures

Please note, activities may be subject to change.

©KARSTEN BIDSTRUP

16 days MS Roald Amundsen

4 departures: 6, 20 November,
14 and 28 December 2024

ANTARCTICA & FALKLANDS EXPEDITION

Explore Antarctica during its summer, touring icebergs and visiting penguin colonies ashore. You'll also go to the Falkland Islands, visit its capital Stanley and see penguins and seals.

The fabled frozen continent

Start off in the romance-infused city of Buenos Aires before heading to Ushuaia, where your hybrid-powered ship is docked. We sail the Drake Passage and arrive at the white wilderness of Antarctica, where you'll spend five wonderful days.

Exactly where we go and when is down to the sea ice and weather conditions on the day, but we'll always bring you to the best spots available at the time.

Just as the icescapes change with the seasons, so do the wildlife. During November, you'll see thousands of penguins courting and building nests. Whales are rarely seen until December

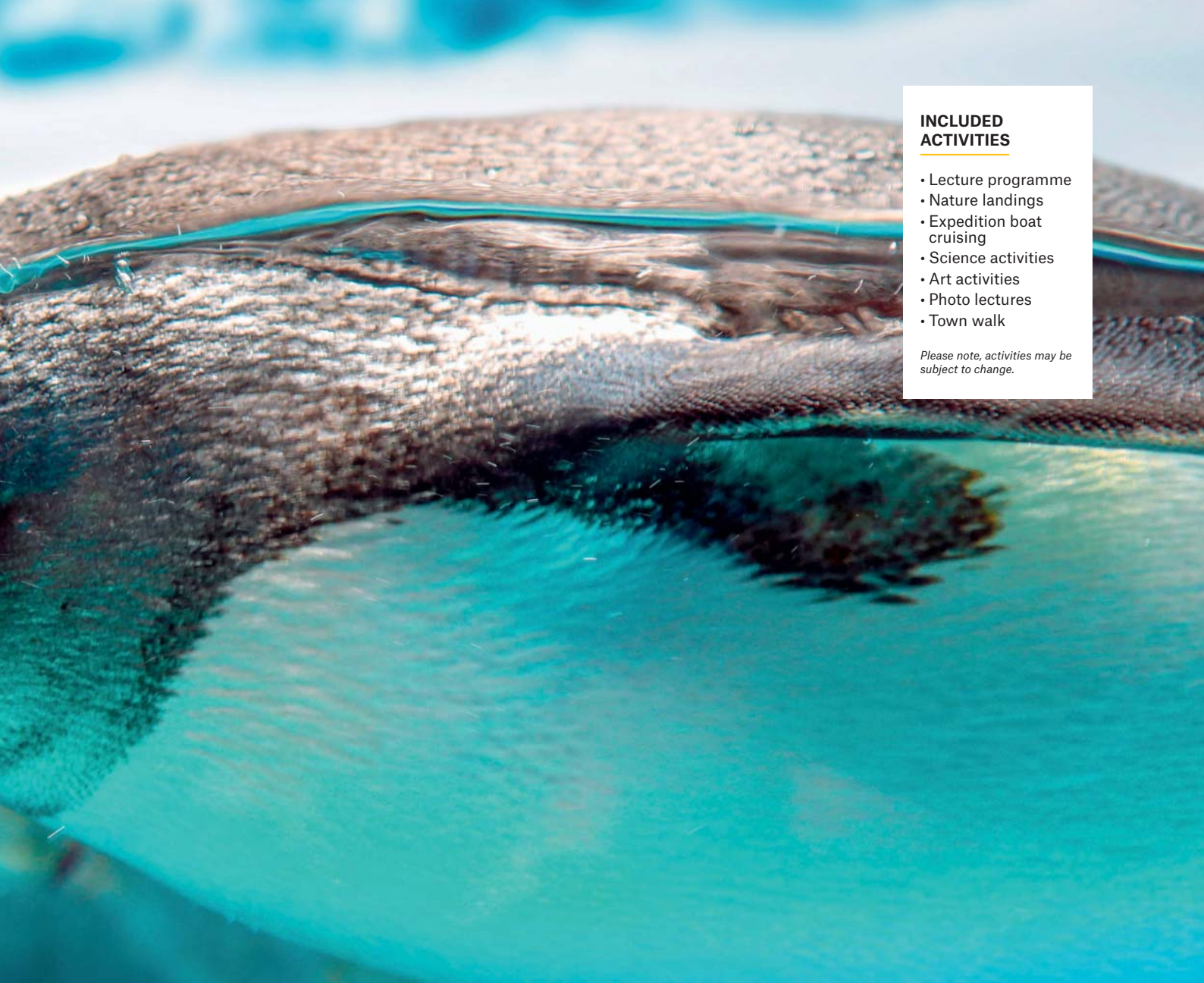
and January, which is also when penguin eggs hatch. By February and March, penguin chicks start growing up, and these are the peak months for whale-watching. Whenever you visit, you can join the Expedition Team in fascinating lectures, landings and ice-cruises.

The rugged charms of the Falklands

The grassy moorland and wind-blown beaches of the Falkland Islands will be a sight to move the soul. We'll spend time exploring this picturesque archipelago and might go ashore to a variety of penguin and seal colonies. Perhaps you'll pay a visit to a friendly pub in the capital, Stanley.



Above:
Gentoo Penguin.
Right: Stanley,
the capital of the
Falkland Islands.



INCLUDED ACTIVITIES

- Lecture programme
- Nature landings
- Expedition boat cruising
- Science activities
- Art activities
- Photo lectures
- Town walk

Please note, activities may be subject to change.

©SHUTTERSTOCK



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ITINERARY

- Day 1:** Buenos Aires
- Day 2:** Buenos Aires/ Ushuaia
- Day 3-4:** At sea
- Day 5-9:** Antarctica
- Day 10-11:** At sea
- Day 12-14:** Falkland Islands
- Day 15:** At sea
- Day 16:** Ushuaia/ Buenos Aires

Polar Outside from £8,392 pp
Arctic Superior from £9,134 pp
Suite from £11,633 pp
 Tourcode: AMANT2413

From prices are capacity controlled and correct at time of printing. For further details on prices and conditions, please see the website. Please make sure you meet all entry and boarding requirements. All itineraries and planned landings are subject to weather and may change.

18 days MS Roald Amundsen

3 departures: 11, 27 January and
12 February 2025

ANTARCTIC CIRCLE EXPEDITION

This is one of our longest expeditions in Antarctica, departing at the peak of its summer and with an attempt to sail below the Antarctic Circle to try to reach the usually secluded yet magnificent Marguerite Bay.

Begin and end in Buenos Aires

The Argentine capital is the birthplace of tango, home to passionate football fans, and a world centre for all things cultural and culinary. After spending one exciting night here, you'll fly to Ushuaia to board your expedition ship and continue your journey south.

When we cross the Drake Passage, the weather and sea ice here at the edge of the world can be unpredictable. That's why we don't have a fixed itinerary when we travel to Antarctica, but instead carefully monitor the current conditions and decide on the best sites for each day. It's what we like to call the expedition factor.

Antarctica: a place of pure amazement

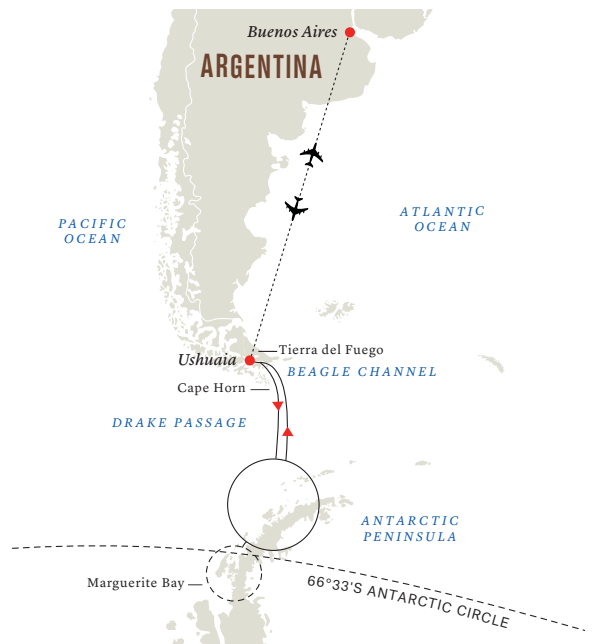
Get ready for 11 days in Antarctica, being in awe of immense icebergs and whales, spotting many species of seabirds and seeing colonies of penguins with their chicks. The season's milder weather may have created a path through the sea ice south of the Antarctic Circle, all the way to Marguerite Bay to possibly visit the remote historical buildings there. Join the Expedition Team for lectures, ice-cruising and landings along the way.





Above:
Damoy Point,
Antarctica.
Left: The Gullet,
Marguerite Bay,
Antarctica.

©KARSTEN BIDSTRUP



INCLUDED ACTIVITIES

- Lecture programme
- Nature landings
- Expedition boat cruising
- Science activities
- Art activities
- Photo lectures

Please note, activities may be subject to change.

Polar Outside from £10,072 pp
Arctic Superior from £10,999 pp
Suite from £14,120 pp
 Tourcode: AMANT2415

ITINERARY

- Day 1:** Buenos Aires
- Day 2:** Buenos Aires/ Ushuaia
- Day 3-4:** At sea
- Day 5-15:** Antarctica
- Day 16-17:** At sea
- Day 18:** Ushuaia/ Buenos Aires

From prices are capacity controlled and correct at time of printing. For further details on prices and conditions, please see the website. Please make sure you meet all entry and boarding requirements. All itineraries and planned landings are subject to weather and may change.

©GIANFRANCO WILLY

23 days MS Fram

6 departures: 9, 30 November, 21 December 2024;
11 January, 1 and 22 February 2025

IN-DEPTH ANTARCTICA, FALKLANDS & SOUTH GEORGIA EXPEDITION

Immerse yourself in wonder while exploring the Falklands, South Georgia and show-stopping Antarctica.

A world of ice and wonder

You'll spend five days exploring the unique world of Antarctica. Its icescapes and wildlife change through its summer season. During the late-spring months of October and November there is more snow, and the penguins start courting and nesting.

In January the first penguin chicks hatch, while February and March are the peak months for whale-watching and penguin chicks will be waddling around. Whatever the season, you'll join the Expedition Team on landings, ice cruises and much more besides.

The Falklands and South Georgia

From their windswept green hills and white sandy beaches, there's rugged beauty and charm everywhere you look in the Falkland Islands.

On South Georgia the beaches are packed with seals, penguins and seabirds. In true expedition style, our itineraries are not set in stone, giving us the freedom to chase the best experiences according to local wind and sea ice conditions.

While our itineraries are always flexible, they're even more so during peak breeding seasons when the wildlife is most vulnerable to disturbance. When it's safe to do so, we'll wildlife watch. When our presence could disturb the animals, we'll choose another place to visit. These decisions are made by your Expedition Team and are based on lifetimes of combined experiences in these destinations. Sometimes we'll land, sometimes we'll cruise, it's all part of the adventure!

Above:
Neko Harbour,
Antarctica.
Right: King
Penguins at
Fortuna Bay,
South Georgia.



INCLUDED ACTIVITIES

- Lecture programme
- Nature landings
- Expedition boat cruising
- Science activities
- Art activities
- Photo lectures
- Town walk

Please note, activities may be subject to change.



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ITINERARY

- Day 1: Santiago de Chile
- Day 2: Santiago de Chile/ Punta Arenas
- Day 3: At sea
- Day 4-6: Falkland Islands
- Day 7-8: At sea
- Day 9-13: South Georgia
- Day 14: At sea
- Day 15-19: Antarctica
- Day 20-22: At sea & Beagle Channel
- Day 23: Punta Arenas/ Santiago de Chile

Polar Inside from **£11,752 pp**
 Polar Outside from **£13,810 pp**
 Arctic Superior from **£14,530 pp**
 Suite from **£18,235 pp**
 Tourcode: FRANT2417

From prices are capacity controlled and correct at time of printing. For further details on prices and conditions, please see the website. Please make sure you meet all entry and boarding requirements. All itineraries and planned landings are subject to weather and may change.



©YURI CHOUFOUR



23 days MS Maud

Departure: 1 Nov 2024
Southbound

Life Returns – Springtime Expedition to Antarctica



See rugged islands and icy beaches and witness some of the world's most pristine landscapes while seeing iconic wildlife at the height of the spring mating season.

DAY 1: Buenos Aires **DAY 2-4:** At sea **DAY 5-7:** The Falkland Islands **DAY 8-9:** At sea **DAY 10-12:** South Georgia **DAY 13-14:** At sea **DAY 15-19:** Antarctica **DAY 20-22:** Drake Passage **DAY 23:** Punta Arenas/Santiago de Chile

Price from **£9,232** pp Tourcode: MAANT2413

16 days MS Maud

7 departures: 22 Nov, 7, 22 Dec 2024, 6, 21 Jan and 5, 20 Feb 2025

Eternal Beauty of Chilean Patagonia and Antarctica



Venture into Chile's majestic fjords before crossing the Drake Passage to Antarctica and encounter whales, penguin colonies and iconic wildlife at the height of summer.

DAY 1: Santiago de Chile **DAY 2:** Santiago de Chile/Punta Arenas **DAY 3:** Pia Glacier **DAY 4-5:** At sea **DAY 6-12:** Antarctica **DAY 13-14:** At sea **DAY 15:** Angostini National Park **DAY 16:** Punta Arenas/Santiago de Chile

Price from **£7,552** pp Tourcode: MAANT2414

24 days MS Maud

Departure: 7 Mar 2025
Northbound

Antarctic Voyage to the Late Summer Sun



Journey south from Punta Arenas to Antarctica, then on to South Georgia and the Falkland Islands during the fullness of the late summer season.

DAY 1: Santiago de Chile **DAY 2:** Santiago de Chile/Punta Arenas **DAY 3-5:** At sea **DAY 6-10:** Antarctica **DAY 11-12:** At sea **DAY 13-15:** South Georgia **DAY 16-17:** At sea **DAY 18-20:** The Falkland Islands **DAY 21-23:** At sea **DAY 24:** Buenos Aires

Price from **£9,400** pp Tourcode: MAANT2415

Check out our expedition cruises online, call us on **0203 393 4108** or contact your preferred travel agent.



Antarctica

©GENNA ROLAND



Penguins, Antarctica.

©YURI CHOUDOUR

Check out our expedition cruises online, call us on **0203 393 4108** or contact your preferred travel agent.



Kayaking in Antarctica

18 days MS Fridtjof Nansen

Departure: 21 Oct 2024 & 1st Nov 2024
Southbound

Antarctica & Patagonia Expedition



Explore the Chilean fjords and the waters of Patagonia before feeling the love in the frozen world of Antarctica when penguins are busy courting and nesting.

DAY 1: Valparaiso **DAY 2-3:** At sea **DAY 4:** Castro **DAY 5:** At sea **DAY 6:** Puerto Edén **DAY 7-8:** Puerto Natales **DAY 9:** Chilean fjords **DAY 10-11:** At sea **DAY 12-15:** Antarctica **DAY 16-17:** At sea **DAY 18:** Ushuaia/Buenos Aires

Price from **£9,392pp** pp

Tourcode: AMANT2412 & FNANT2410

19 days MS Fridtjof Nansen

Departure: 17 Mar 2025
Northbound

Antarctica & Falklands Expedition



Embark on a late summer expedition to explore both the Falklands and Puerto Madryn and experience Antarctica when whale watching is at its best.

DAY 1: Buenos Aires **DAY 2:** Buenos Aires/Ushuaia **DAY 3-4:** At sea **DAY 5-9:** Antarctica **DAY 10-11:** The Drake Passage **DAY 12-14:** Falkland Islands **DAY 15:** At sea **DAY 16:** Puerto Madryn **DAY 17-18:** At sea **DAY 19:** Buenos Aires

Price from **£8,728pp** pp Tourcode: FNANT2412



Neko Harbour, Antarctica



©ROGER BRENDHAGEN

22 days MS Fram
 Departure: 20 Oct 2024
 Southbound

In-depth Antarctica & Patagonia Expedition



Explore the beautiful Chilean coast and fjords before experiencing Antarctica when the penguins are courting and the icebergs are at their most pristine.

DAY 1: Valparaiso **DAY 2-3:** At sea **DAY 4:** Castro **DAY 5:** At sea **DAY 6:** Puerto Edén **DAY 7-8:** Puerto Natales **DAY 9:** Chilean Fjords **DAY 10-11:** At sea **DAY 12-18:** Antarctica **DAY 19-21:** At sea & Chilean fjords **DAY 22:** Punta Arenas/Santiago de Chile

Price from **£10,072pp** pp Tourcode: FRANT2416

23 days MS Fram
 Departure: 15 Mar 2025
 Northbound

In-depth Antarctica & Patagonia Expedition



Immerse yourself in the natural beauty of the Chilean fjords and the frozen world of Antarctica in a 23-day late summer expedition cruise.

DAY 1: Santiago de Chile **DAY 2:** Santiago de Chile/Punta Arenas **DAY 3-4:** At sea **DAY 5-12:** Antarctica **DAY 13-14:** At sea **DAY 15:** Chilean Fjords **DAY 16-17:** Puerto Natales **DAY 18:** Puerto Edén **DAY 19:** At sea **DAY 20:** Castro **DAY 21-22:** At sea **DAY 23:** Valparaiso

Price from **£10,575pp** pp Tourcode: FRANT2418



© <NO INTERSECTING LINES>

MEET THE FLEET

Our expedition ships are your stylish and comfortable havens at sea, bringing you safely on authentic adventures. Welcome aboard explorers!



©DAN & ZORA AVILA

MS Fridtjof Nansen

State-of-the-art hybrid power and cutting-edge hull design.

- 253 outside cabins and suites
- 50% of cabins have private balconies
- Science Center
- Observation decks
- Three different restaurants
- Explorer lounge & bar
- Infinity pool
- Two hot tubs
- Panoramic sauna
- Indoor and outdoor gym
- Wellness Center
- Expedition boats



©KARSTEN BIDSTRUP

MS Roald Amundsen

The world's first ever hybrid-powered expedition ship.

- 253 outside cabins and suites
- 50% of cabins have private balconies
- Science Center
- Observation decks
- Three different restaurants
- Explorer lounge & bar
- Infinity pool
- Two hot tubs
- Panoramic sauna
- Indoor and outdoor gym
- Wellness Center
- Expedition boats



©AGURTXANE CONCELLON



©STIAN KLO

MS Fram

Smaller in size for up-close exploration of landscapes and wildlife.

- 125 cabins and suites
- Science Center
- Observation decks
- Two different restaurants
- Explorer lounge & bar
- Two hot tubs
- Panoramic sauna
- Fitness room
- Expedition boats



©SOLFRID BØE / GUEST IMAGE

MS Maud

Technologically advanced and well-suited for expedition cruising.

- 266 cabins and suites
- Science Center
- Observation decks
- Three restaurants
- Explorer lounge & bar
- Two hot tubs
- Panoramic sauna
- Indoor gym
- Expedition boats



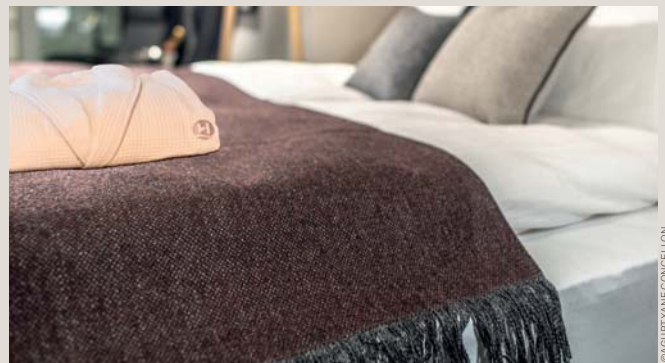
Full board (breakfast, lunch and dinner)

©AGURTYMÄNE CONCELLON



Suite welcome greeting

©AGURTYMÄNE CONCELLON



Bathrobe

©AGURTYMÄNE CONCELLON



Arctic Pure amenity kit

©AGURTYMÄNE CONCELLON



Re-usable water bottle

©AGURTYMÄNE CONCELLON

Extras during your expedition voyage

FLEET	MS FRIDTJOF NANSEN & MS ROALD AMUNDSEN		MS FRAM		MS MAUD	
	Cabins	Suites	Cabins	Suites	Cabins	Suites
CABIN CATEGORIES						
POLAR INSIDE	-	-	I	-	I	-
POLAR OUTSIDE	RR	-	N, SD, FJ	-	O, N, L, J	-
ARCTIC SUPERIOR	XT, XTD, XTJ, XY, TT, TY	-	F, U	-	QJ, YA, U, P	-
EXPEDITION SUITES	-	MA, MB, MC, MD, ME, MF	-	MG, Q	-	MX, MG, M, Q
Meals						
Full board (breakfast, lunch and dinner)	✓	✓	✓	✓	✓	✓
All day dining in casual international cuisine restaurant Fredheim	✓	✓	-	-	✓	✓
Early riser - Continental breakfast	✓	✓	✓	✓	✓	✓
Breakfast and lunch in à la carte restaurant Lindstrøm	-	✓	-	✓	-	✓
À la carte restaurant Lindstrøm	+	✓	+	✓	+	✓
Beverages						
House wine, beer, soda and water with lunch and dinner in all restaurants	✓	✓	✓	✓	✓	✓
Coffee and tea	✓	✓	✓	✓	✓	✓
Amenities						
Wind- and water-resistant expedition jacket	✓	✓	✓	✓	✓	✓
Re-usable aluminum water bottle	✓	✓	✓	✓	✓	✓
Arctic Pure amenity kit (bathroom)	✓	✓	✓	✓	✓	✓
Hairdryer	✓	✓	✓	✓	✓	✓
Cabin kit (bathrobe and slippers)	✓	✓	✓	✓	✓	✓
Espresso maker	-	✓	-	✓	-	✓
Kettle and premium tea/coffee	✓	✓	✓	✓	✓	✓
TV	✓	✓	✓	✓	✓	✓
Minibar, replenished daily*	✓	✓	✓	✓	-	✓
Wi-Fi	✓	✓	✓	✓	✓	✓
Safe	✓	✓	✓	✓	✓	✓
Loan of equipment needed for activities	✓	✓	✓	✓	✓	✓
Service						
Welcome greeting** (Bottle of champagne and a carabiner watch)	-	✓	-	✓	-	✓
Take Away	✓	✓	✓	✓	✓	✓
Turn-down service	-	✓	-	✓	-	✓
Laundry service	+	✓	+	✓	+	✓

*Suites: The first minibar setup is included for each item, each replenishment is chargeable. Cabins: Chargeable as of first usage.

✓ Included + Upgrade possible, bookable on board - Not applicable

Please note that the selection of extras above may vary between cabin categories and between ships. Subject to change.

MS Roald Amundsen

The world's first ever hybrid-powered expedition ship is a masterpiece of design. Public areas and cabins are comfortable and stylish, making generous use of natural materials such as granite, oak, birch, and wool. All cabins have outside views, half with private balconies, and aft suites even boast private outdoor hot tubs. It is also the first ship in our fleet to have both indoor and outdoor gyms, a 150-metre outdoor running track, outdoor infinity pool and a dedicated Wellness Center. Enjoy delicious food from three restaurants concepts, relax in the Explorer lounge & bar, and learn through lectures in the Science Center, the heart and hub of the ship.

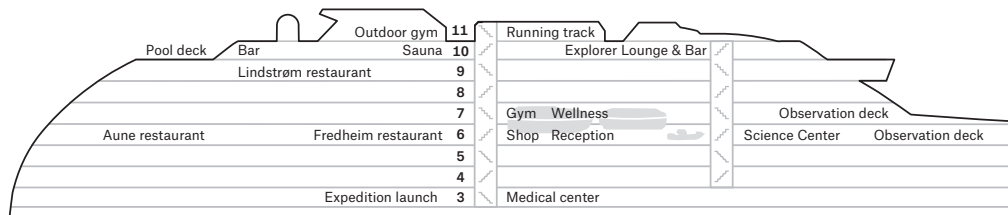
Below: Infinity pool and hot tubs. Right: Polar Outside cabin.



©OSCAR FARRERA



©AGURTXANE CONCELLON



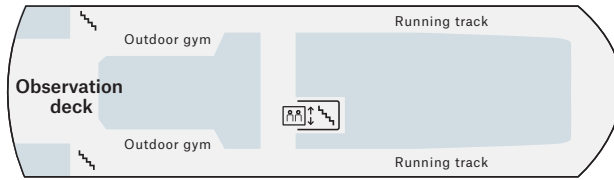
SHIP YARD: Kleven Verft (N)
FLAG: Norway
YEAR OF CONSTRUCTION: 2019
GROSS TONNAGE: 20,889 t
CABINS: 265
OVERALL LENGTH: 140 m
BEAM: 23.6 m
SERVICE SPEED: 15 knots

	CATEGORY	DECK	SIZE (m ²)	DESCRIPTION
EXPEDITON SUITES	MA XL suite	8	46-48	Extra large corner suite with private balcony. Ship's most spacious cabins with large windows, flexible sleeping arrangements, sofa bed, TV, minibar, amenity kit, bathrobe, kettle, tea and coffee, espresso maker.
	MB XL suite	5	44	Extra large corner suite without balcony. Aft corner suite with sofa bed, flexible sleeping arrangements, large windows, TV, minibar, amenity kit, bathrobe, kettle, tea and coffee, espresso maker.
	MC Corner suite	7, 8, 9	20-30	Aft corner suite with private balcony and hot tub. Various sizes, large windows, flexible sleeping arrangements, some with sofa, TV, minibar, amenity kit, bathrobe, kettle, tea and coffee, espresso maker.
	MD L suite	7	35	Large corner suite with private balcony, flexible sleeping arrangements, sofa bed, TV, minibar, amenity kit, bathrobe, kettle, espresso maker. Adapted for guests with wheelchairs.
	ME Suite	8, 9	22-28	Suites with private balcony, different sizes, top-high decks, flexible sleeping arrangements, some with sofa bed, TV, minibar, amenity kit, bathrobe, kettle, tea and coffee, espresso maker.
	MF Suite	7	22	Corner cabin with large windows without balcony. Flexible sleeping arrangements, TV, minibar, amenity kit, bathrobe, kettle, tea and coffee, espresso maker.
ARCTIC SUPERIOR	XT Outside cabin	7, 8	18	High deck cabins with balcony. Spacious cabins, different sizes, double bed or flexible sleeping arrangements, some with sofa bed, TV, amenity kit, kettle, tea and coffee.
	XTD Outside cabin	7, 8	15-19	High deck cabins with balcony. Spacious cabins, different sizes, double bed, some with sofa bed, TV, amenity kit, kettle, tea and coffee.
	XTJ Outside cabin	7	18	High deck cabins with balcony. Spacious cabins, different sizes, double bed or flexible sleeping arrangements, some with sofa bed, TV, amenity kit, kettle, tea and coffee. Partly obstructed view.
	XY Outside cabin	7	19	Accessible cabin with balcony. High deck, wide balcony, double bed, TV, amenity kit, kettle, tea and coffee.
	TT Outside cabin	4, 5	27	Large cabins without balcony. Middle decks, flexible sleeping arrangements, sofa bed, TV, amenity kit, kettle, tea and coffee.
	TY Outside cabin	5	24-26	Large accessible cabins without balcony. Middle decks, flexible sleeping arrangements, TV, amenity kit, kettle, tea and coffee.
POLAR OUTSIDE	RR Outside cabin	4, 5	19-23	Larger cabins on middle decks. Most 20 square metres, flexible sleeping arrangements, some with sofa bed, TV.

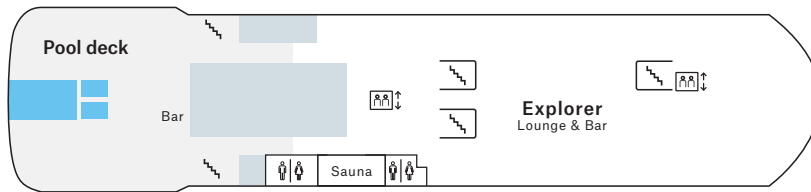
Cabins MD-701, XY-719, XY-726, TY-533 and TY-540 are adapted for guests with disabilities. These cabins may also be available for general booking. Please note: cabins with flexible sleeping arrangements have double beds as standard. To order twin beds, you must notify Hurtigruten at time of booking. Subject to change.

Deck

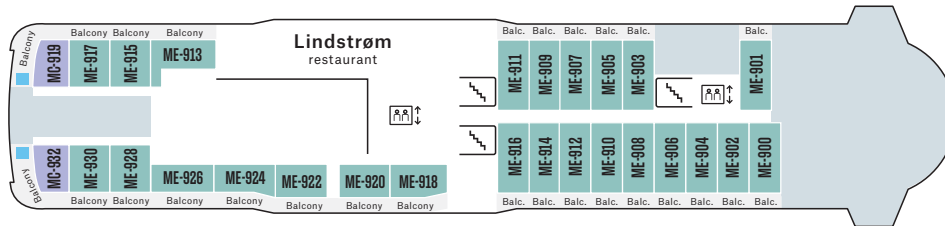
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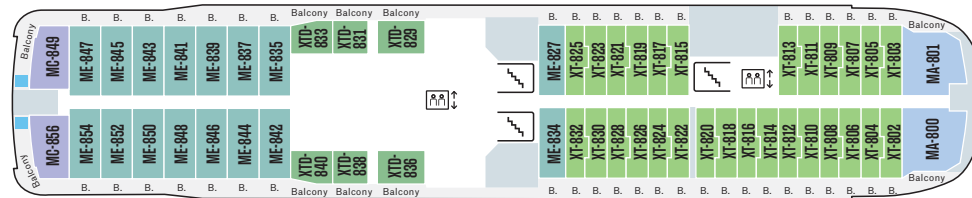
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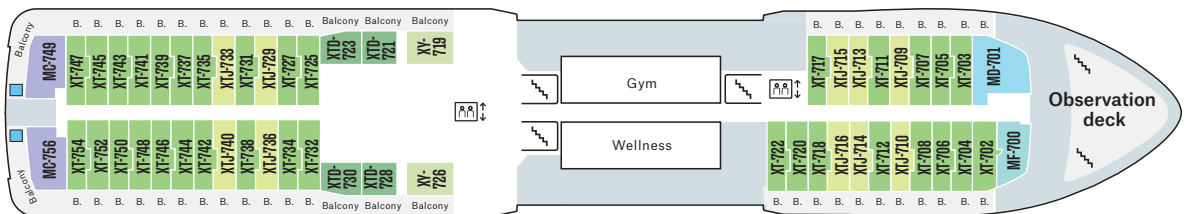
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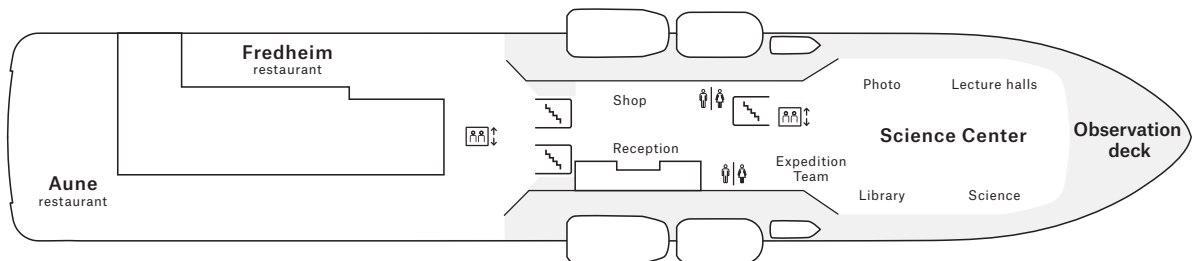
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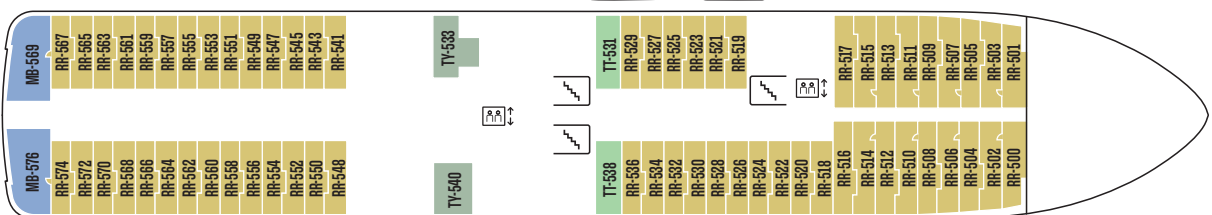
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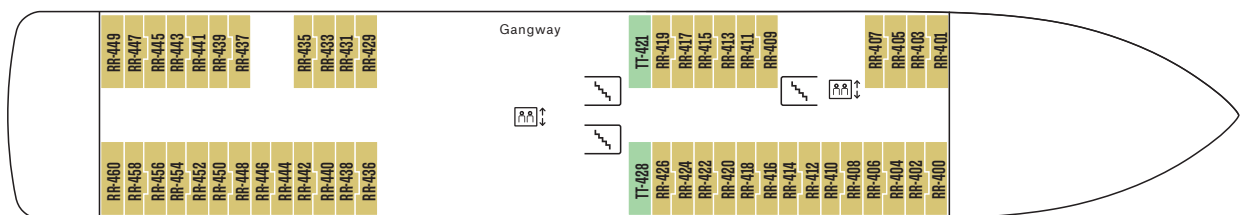
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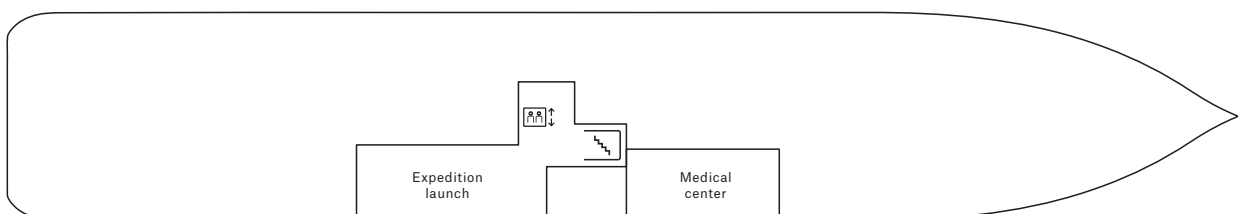
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□ Indoor area □ Outdoor area

MS Fridtjof Nansen

Welcome aboard our newest built expedition ship and your hybrid-powered home at sea with a high-spec Science Center. There's an indoor and outdoor gym and a 150-metre outdoor running track to keep active while an outdoor infinity pool with hot tubs, a scenic sauna, and the Wellness Center take care of the relaxation side of things. Dine in one of three onboard restaurants which serve a wide variety of dishes. All areas of the ship have a fresh Scandinavian contemporary design, homely and modern. Each cabin has a window to an outside view. Half feature private balconies while the aft suites go further and sport private outdoor hot tubs to soak in.



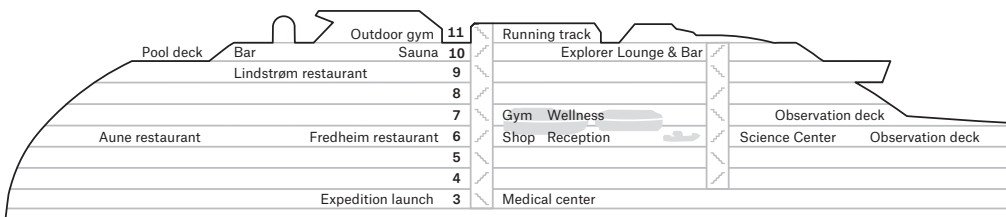
Fredheim

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Arctic Superior

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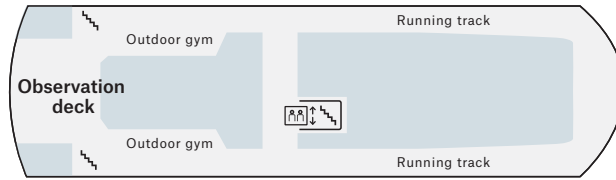
SHIP YARD: Kleven Verft (N)
FLAG: Norway
YEAR OF CONSTRUCTION: 2020
GROSS TONNAGE: 20,889 t
CABINS: 265
OVERALL LENGTH: 140 m
BEAM: 23.6 m
SERVICE SPEED: 15 knots

	CATEGORY	DECK	SIZE (m ²)	DESCRIPTION
EXPEDITON SUITES	MA XL suite	8	46-48	Extra large corner suite with private balcony. Ship's most spacious cabins with large windows, flexible sleeping arrangements, sofabed, TV, minibar, amenity kit, bathrobe, kettle, tea and coffee, espresso maker.
	MB XL suite	5	44	Extra large corner suite without balcony. Aft corner suite with sofabed, flexible sleeping arrangements, large windows, TV, minibar, amenity kit, bathrobe, kettle, tea and coffee, espresso maker.
	MC Corner suite	7, 8, 9	20-30	Aft corner suite with private balcony and hot tub. Various sizes, large windows, flexible sleeping arrangements, some with sofa, TV, minibar, amenity kit, bathrobe, kettle, tea and coffee, espresso maker.
	MD L suite	7	35	Large corner suite with private balcony, flexible sleeping arrangements, sofabed, TV, minibar, amenity kit, bathrobe, kettle, espresso maker. Adapted for guests with wheelchairs.
	ME Suite	8, 9	22-28	Suites with private balcony, different sizes, top-high decks, flexible sleeping arrangements, some with sofabed, TV, minibar, amenity kit, bathrobe, kettle, tea and coffee, espresso maker.
	MF Suite	7	22	Corner cabin with large windows without balcony. Flexible sleeping arrangements, TV, minibar, amenity kit, bathrobe, kettle, tea and coffee, espresso maker.
ARCTIC SUPERIOR	XT Outside cabin	7, 8	18	High deck cabins with balcony. Spacious cabins, different sizes, double bed or flexible sleeping arrangements, some with sofabed, TV, amenity kit, kettle, tea and coffee.
	XTD Outside cabin	7, 8	15-19	High deck cabins with balcony. Spacious cabins, different sizes, double bed, some with sofabed, TV, amenity kit, kettle, tea and coffee.
	XTJ Outside cabin	7	18	High deck cabins with balcony. Spacious cabins, different sizes, double bed or flexible sleeping arrangements, some with sofabed, TV, amenity kit, kettle, tea and coffee. Partly obstructed view.
	XY Outside cabin	7	19	Accessible cabin with balcony. High deck, wide balcony, double bed, TV, amenity kit, kettle, tea and coffee.
	TT Outside cabin	4, 5	27	Large cabins without balcony. Middle decks, flexible sleeping arrangements, sofabed, TV, amenity kit, kettle, tea and coffee.
	TY Outside cabin	5	24-26	Large accessible cabins without balcony. Middle decks, flexible sleeping arrangements, TV, amenity kit, kettle, tea and coffee.
POLAR OUTSIDE	RR Outside cabin	4, 5	19-23	Larger cabins on middle decks. Most 20 square metres, flexible sleeping arrangements, some with sofabed, TV.

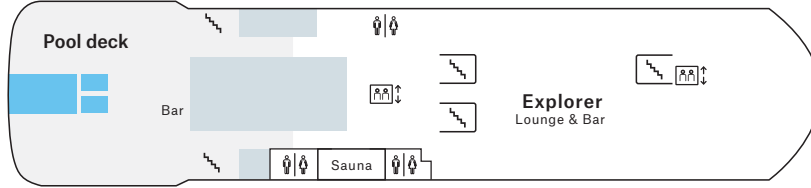
Cabins MD-701, XY-719, XY-726, TY-533 and TY-540 are adapted for guests with disabilities. These cabins may also be available for general booking. Please note: cabins with flexible sleeping arrangements have double beds as standard, however a double bed can be requested at the time of booking. Subject to change.

Deck

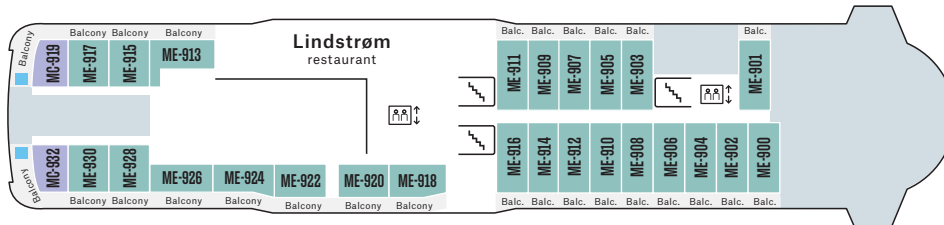
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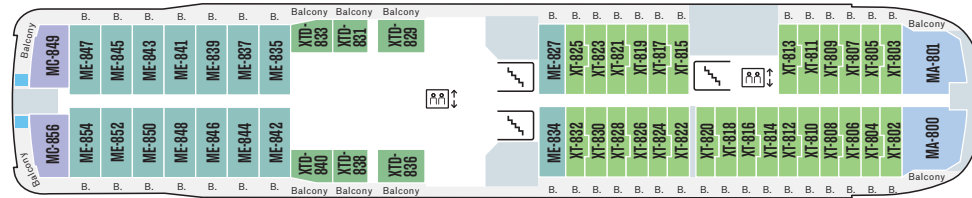
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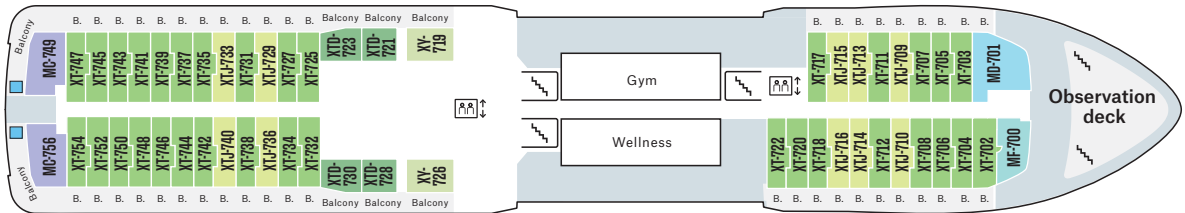
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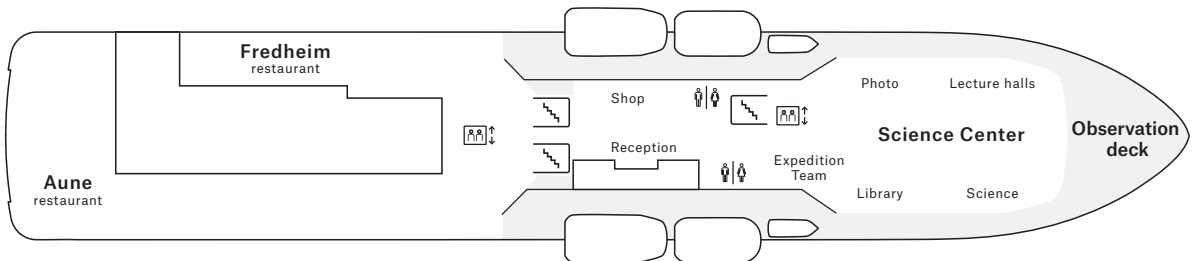
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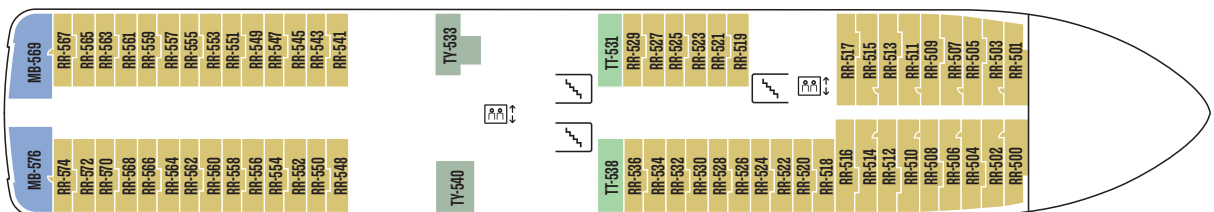
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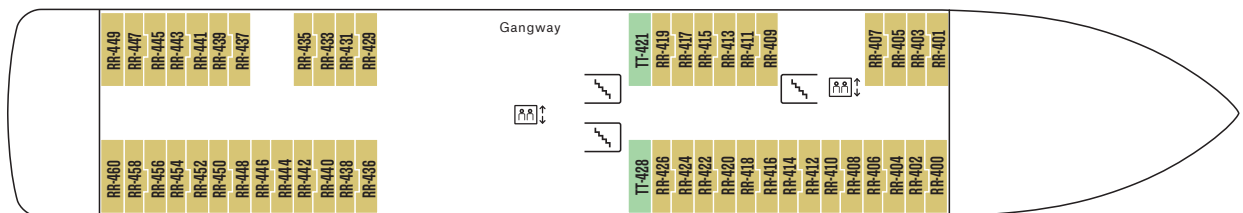
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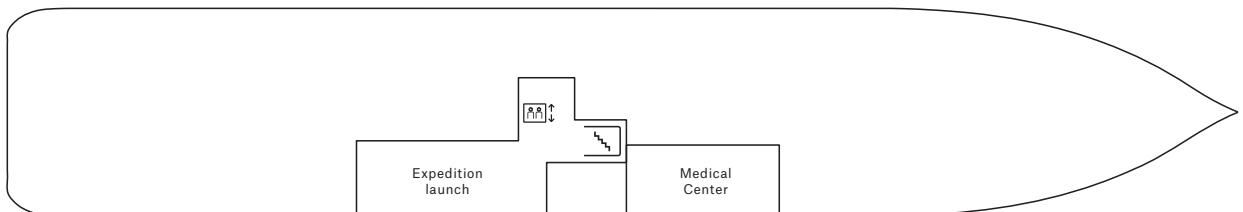
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MS Maud

This classic vessel has been a treasured part of our fleet for 20 years. Bright interiors are designed in a contemporary Scandinavian style, with décor inspired by Norway's stunning nature. Your cosy cabin awaits, where you can relax surrounded by carefully chosen Nordic details. You'll enjoy sampling delicious dishes in our trio of outstanding onboard restaurants. Our sauna, outdoor hot tubs, and well-equipped gym will keep you relaxed and healthy while providing stunning views of the scenery outside. Attend lectures and workshops in the Science Center, and get to know your fellow guests in the Explorer lounge & bar.

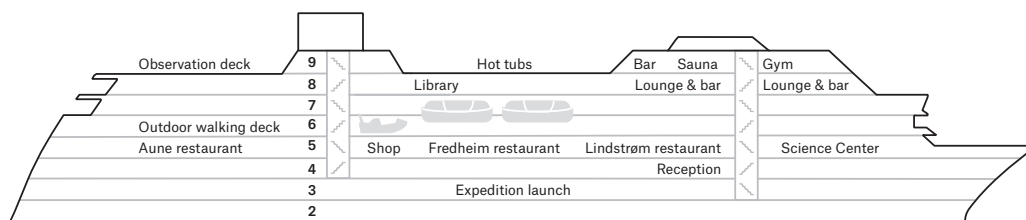


©OSCAR E. FARRERA GONZALEZ / HURTIGRUTEN EXPEDITIONS

Below: Restaurant Aune. Right: Expedition Suite.



©OSCAR E. FARRERA GONZALEZ



SHIP YARD: Fosen Mek. Verk. (N)
FLAG: Norway
YEAR OF CONSTRUCTION: 2003
GROSS TONNAGE: 16,140 t
CABINS: 266
OVERALL LENGTH: 135.75 m
BEAM: 21.5 m
SERVICE SPEED: 15 knots

	CATEGORY	DECK	SIZE (m ²)	DESCRIPTION
EXPEDITION SUITES	MX Owner's suite	8	44	Two-room suite with double bed, bathtub, sofa bed, seating area, dining table, TV, espresso machine, kettle, minibar, private balcony.
	MG Grand suite	7, 8	26-35	One or two-room suite with double bed, sofa bed, seating area, TV, espresso machine, kettle, minibar, some with bathtub, bay window or private balcony.
	M Suite	7	23	One-room suite with double bed, sofa, TV, espresso machine, kettle, minibar, private balcony.
	Q Mini suite	7	14-16	One-room suite with double bed, sofa or seating area, TV, espresso machine, kettle, minibar.
ARCTIC SUPERIOR	QJ Outside cabin	6, 7	16-23	With limited/no view, double or separate beds, seating area, TV, kettle, minibar.
	YA Outside cabin	6	16	Separate beds, one of which converts into a sofa, table, TV, kettle. Adapted for guests with disabilities.
	U Outside cabin	7, 8	10-11	Separate beds, one of which converts into a sofa, some with table, TV, kettle.
	P Outside cabin	6	10-11	Separate beds, one of which converts into a sofa, TV, kettle.
POLAR OUTSIDE	O Outside cabin	4, 6	10-11	Separate beds, one of which converts into a sofa, TV, kettle.
	N Outside cabin	4	11-13	Separate beds, one of which converts into a sofas, TV, kettle.
	L Outside cabin	4	11	Some with limited/no view, separate beds, one of which converts into a sofa, portholes, TV, kettle.
POLAR INSIDE	J Outside cabin	6, 7	11	With limited/no view, separate beds, one of which converts into a sofa, TV, kettle.
	I Inside cabin	4, 6, 7	9-11	Separate beds, one of which doubles as a sofa, TV, kettle.

Subject to change.

Deck



□ Indoor area □ Outdoor area

MS Fram

MS Fram is a favourite in our fleet and has been extensively refurbished in 2022. As a small and manoeuvrable vessel, it offers Hurtigruten's distinctive small ship expedition experience, providing access to a greater range of potential landing sites. Its spacious outside decks allow you to get closer to nature and wildlife while the Science Center always offers something of interest. Stay in shape in the gym, enjoy the relaxed atmosphere in the Explorer lounge & bar, and treat yourself in the restaurants, sauna, and hot tubs. Art by Arctic artists decorate the comfortable cabins and suites.

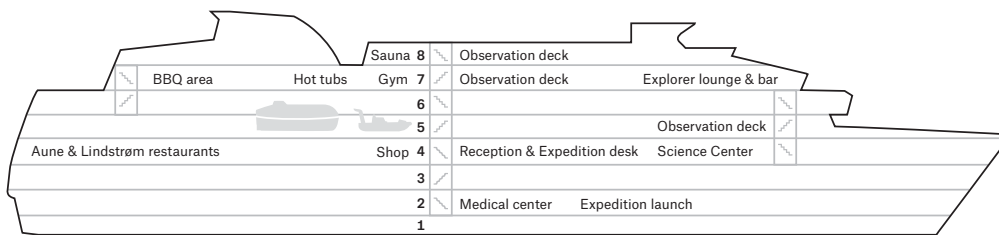


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Below: Lobby. Top: Polar inside cabin.



©KIM RORMARK



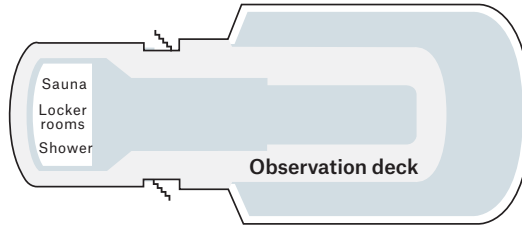
SHIP YARD: Fincantieri, (I)
FLAG: Norway
YEAR OF CONSTRUCTION: 2007
 (Year of refurbishment 2022)
GROSS TONNAGE: 11,647 t
CABINS: 119
OVERALL LENGTH: 114 m
BEAM: 20.2 M
SERVICE SPEED: 13 knots

	CATEGORY	DECK	SIZE (m²)	DESCRIPTION
EXPEDITON SUITES	MG Grand suite	5, 6	24-27	High deck, one-room suites with private balcony, double bed, seating area, TV, minibar, kettle, tea and coffee, espresso maker.
	Q Mini suite	5, 6	15-20	High deck one-room suites, double bed, TV, minibar, kettle, tea and coffee, espresso maker. Two cabins with additional sofa beds.
ARCTIC SUPERIOR	F Outside cabin	3, 5	17-23	High deck spacious cabins, double bed, seating area, TV, refrigerator, kettle, tea and coffee.
	U Outside cabin	5, 6	10-11	High deck cabins, flexible sleeping arrangements, TV, kettle, tea and coffee.
POLAR OUTSIDE	N Outside cabin	3	10-13	Flexible sleeping arrangements, TV, kettle, tea and coffee.
	SD Outside cabin	3	15-16	Cabins adapted for guests with disabilities. Two separate beds, TV, refrigerator, kettle, tea and coffee.
	FJ Outside cabin	5	17-21	High deck cabins, double bed, some with flexible sleeping arrangement, seating area, TV, refrigerator, kettle, tea and coffee. Limited or no view.
POLAR INSIDE	I Inside cabin	6	10-13	Flexible sleeping arrangements, TV, kettle, tea and coffee.

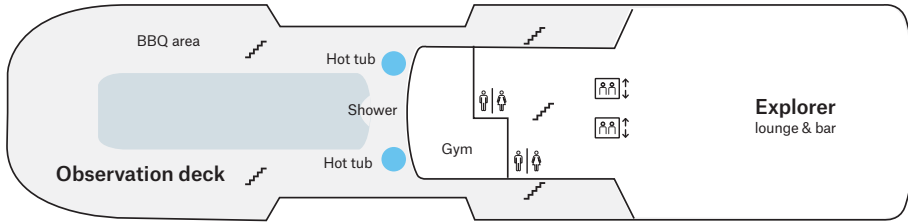
Cabins SD-342 and SD-346 are adapted for guests with disabilities. These cabins may also be available for general booking. Subject to change.

Deck

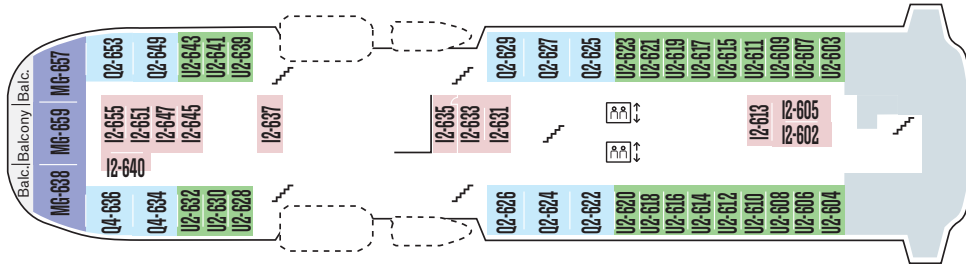
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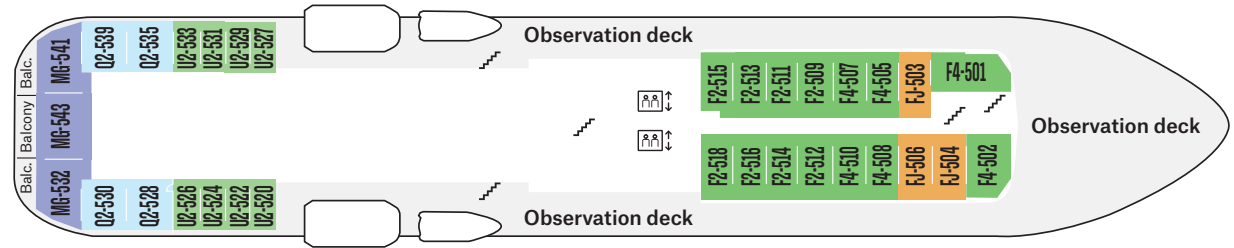
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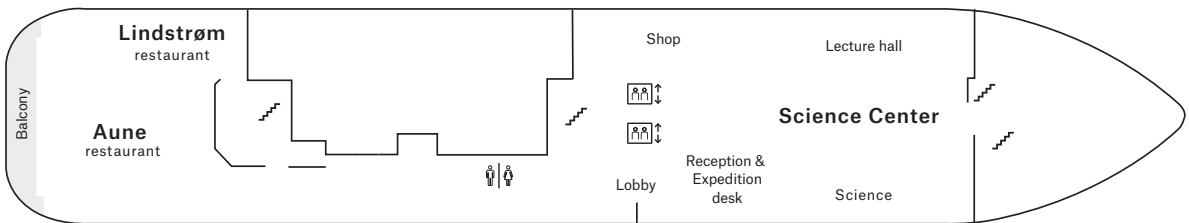
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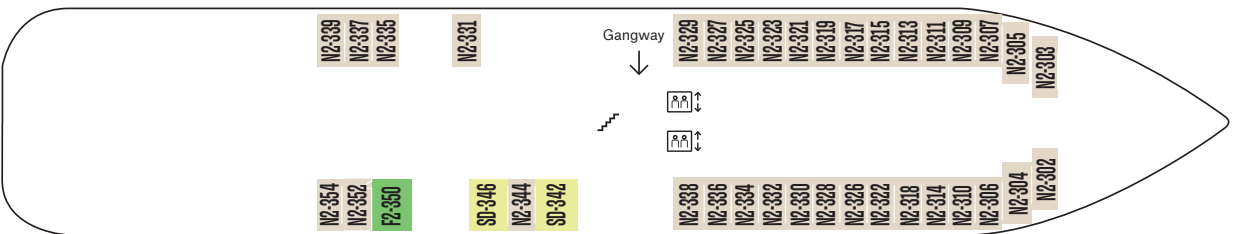
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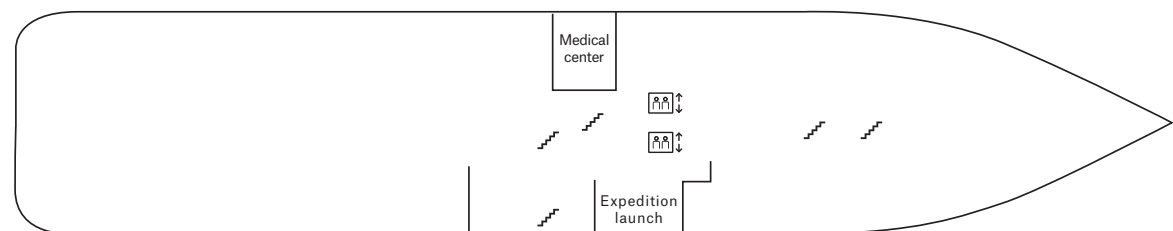
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□ Indoor area □ Outdoor area

TERMS AND CONDITIONS

1. YOUR CONTRACT

These Booking Terms and Conditions together with our privacy policy, the information contained in your brochure and any other written information that we brought to your attention before we confirmed your booking, form the basis of your contract with Hurtigruten Ltd whose registered office is at Bedford House, 69-79 Fulham High Street, London, SW6 3JW (Company No: 02865967), a company wholly owned by Hurtigruten AS.

When you book an air package holiday or sailing with us the contract between us will exist as soon as you or your travel agent asks us to confirm your booking. We then become responsible to provide you with the voyage arrangements or air package holiday you have booked and you become responsible to pay for them, in each case subject to these terms and conditions. You will also become responsible to pay for any additional arrangements made by us on your behalf including International Flights not included in any air package, optional excursions, travel insurance or other arrangements requested by you and booked.

When you make a booking you guarantee you have the authority to accept and do accept on behalf of your party the terms of these booking conditions and accept responsibility for making all payments to us for all members of the party. We are unable to accept provisional or conditional bookings. We will send all documents and other information to you and you will be responsible for ensuring that all other members of the party are kept fully informed.

A confirmation invoice which you should check as soon as you receive it will be sent on receipt of your deposit. If you wish to change or cancel any arrangements later you may have to pay an amendment or cancellation charge and additional costs (see clauses 6 and 7 below) which may be as much as the whole of the original price of your arrangements. Only one invoice and one set of documents will be issued. No verbal amendments may be made by either party to these written booking conditions; any change must be in writing signed by the Chief Executive of Hurtigruten AS.

If your confirmed arrangements include a flight, we (or if you booked via an authorised agent of ours, that agent) will issue you with an ATOL Certificate and a confirmation. Upon receipt, if you believe that any details on the ATOL Certificate or confirmation or any other document are wrong you must advise us immediately.

If you book your holiday through a travel agent all communication must be through that agent. Please quote your booking reference number in all communications.

You are responsible for complying with any visa or other entry requirements for you or any of your party who are not full European Union Passport Holders.

2. YOUR FINANCIAL PROTECTION

We provide financial security for flight inclusive Packages and ATOL protected flights. We do this by way

of an Escrow held in favour of the Civil Aviation Authority (www.caa.co.uk; 45-59 Kingsway, London WC2B 6TE) under ATOL number 3584.

When you buy an ATOL protected flight or flight inclusive holiday from us you will receive an ATOL Certificate. This lists what is financially protected, where you can get information on what this means for you and who to contact if things go wrong. For further information, visit the ATOL website at www.atol.org.uk. The price of our flight inclusive Arrangements includes the amount of £2.50 per person as part of the ATOL Protection Contribution (APC) we pay to the CAA. This charge is included in our advertised prices. Not all holiday or travel services offered and sold by us will be protected by the ATOL Scheme. ATOL protection extends primarily to Customers who book and pay in the United Kingdom.

We, or the suppliers identified on your ATOL Certificate, will provide you with the services listed on the ATOL Certificate (or a suitable alternative). In some cases, where neither we nor the supplier are able to do so for reasons of insolvency, an alternative ATOL holder may provide you with the services you have bought (at no extra cost to you). You agree to accept that in those circumstances the alternative ATOL holder will perform those obligations and you agree to pay any money outstanding to be paid by you under your contract to that alternative ATOL holder. However, you also agree that in some cases it will not be possible to appoint an alternative ATOL holder, in which case you will be entitled to make a claim under the ATOL Scheme (or your credit card issuer where applicable).

If we, or the suppliers identified on your ATOL certificate, are unable to provide the services listed (or a suitable alternative, through an alternative ATOL holder or otherwise) for reasons of insolvency, the Trustees of the Air Travel Trust may make a payment to (or confer a benefit on) you under the ATOL scheme. You agree that in return for such a payment or benefit you assign absolutely to those Trustees any claims which you have or may have arising out of or relating to the non-provision of the services, including any claim against us, the travel agent (or your credit card issuer where applicable). You also agree that any such claims may be re-assigned to another body, if that other body has paid sums you have claimed under the ATOL scheme.

We provide financial security for holidays not including flights by way of an Escrow held with ABTA (www.abta.com; 30 Park Street, London SE1 9EQ).

If you book Arrangements other than an ATOL protected flight or Package from us, your monies will not be financially protected. Please ask us for further details.

3. PAYMENT

Once you have asked us to confirm your booking the total price of the arrangements you have booked is due and is payable as follows:

(i) If you book more than 60 days (90 days for Expedition voyages) before your scheduled departure date a non-refundable deposit of 20%. The balance is due 60 days before your

scheduled departure date. (90 days for Expedition voyages). No second invoice will be sent. Travel documents will be issued 7 to 14 days prior to departure.

(ii) If you book less than 90 days - before your scheduled departure date the full price is payable when you book.

Our preferred method of deposit payment is by bank debit card or credit card. Balance payment may be made by cash, bank debit card, credit card or cheque (providing there is time to clear it to meet the payment schedule shown above - you should allow 5 working days for clearance from the time we receive it).

Online Bookings

Bookings made online that cost less than £800 or made within 90 days of departure require full payment at the time of booking and no refund is made if cancelled.

Your booking may be cancelled if we do not receive payment by the due date (we will not normally send reminders) and cancellation charges as set out under 'If You Cancel' (see below) will be payable by you.

4. FITNESS TO TRAVEL ON THE SHIP, PREGNANCY, DISABILITY OR REDUCED MOBILITY, MEDICAL/ MOBILITY EQUIPMENT

In order to ensure that the Carrier is able to carry passengers safely and in accordance with applicable safety requirements established by international, EU or national law or in order to meet safety requirements established by competent authorities including the ships flag state every Passenger warrants that he/she is fit to travel by sea and that his/her conduct or condition will not impair the safety of the ship or inconvenience the other passengers. We reserve the right to require any Passenger to produce medical evidence of fitness to travel in order to assess whether that Passenger can be carried safely in accordance with applicable international, EU or national law. If we consider it necessary, we are entitled to administer a health questionnaire prior to boarding.

If it appears to us, the Master or the Company's nominated medical representative that a Passenger is for any reason unfit to travel, likely to endanger safety, or likely to be refused permission to land at any port, or likely to render the Carrier liable for Passenger maintenance, support or repatriation, then the Carrier or the Master shall have the right to take any of the following courses:

(i) Refuse to embark the Passenger at any port;

(ii) Disembark the Passenger at any port;

(iii) Transfer the Passenger to another berth or cabin;

(iv) If the Company's nominated medical representative considers it advisable, to place or confine him/her or to transfer the Passenger to a health facility at any port, at the Passenger's expense;

(v) To administer first aid and administer any drug, medicine or

other substance or to admit and/or confine the Passenger to a hospital or other similar institution at any port provided that the ship's nominated medical representative and/or Master considers that any such steps are necessary.

Where a Passenger is refused embarkation as a result of safety and/or fitness to travel, neither we nor the carrier shall be liable for any loss or expense occasioned to the passenger thereby, nor shall the passenger be entitled to any compensation from the Carrier.

Passengers who need assistance and/or have special requests or need special facilities or equipment with regard to accommodation, seating or services required or need to bring medical equipment must notify us at the time of booking. If there are any particular conditions, disabled or reduced mobility which require personal care or supervision then such personal care or supervision must be organised by the passenger and at the passenger's expense. Those passengers confined to wheelchairs must furnish their own standard size foldable wheelchairs but needn't be accompanied by a travelling companion. Unless we and/or the Carrier agree otherwise and in writing Passengers are limited to bringing 2 items of such mobility or medical equipment on board per cabin with a total value not exceeding £2,200. All equipment must be capable of being carried safely and must be declared before the sailing. The Carrier may decline to carry such equipment where it is not safe to do so or where it has not been notified in time to enable a risk assessment to be carried out.

Pregnant women are welcome onboard our cruises, however, we recommend seeking medical advice prior to travel at any stage of the pregnancy. For the sake of the mother and baby, a medical certificate may also be needed at certain stages of the pregnancy.

Up to 4 weeks before the due date

A medical certificate is not needed.

Between 2-4 weeks before the due date

A medical certificate is needed to travel with us.

Less than 2 weeks before the due date

For the sake of the mother-to-be and the baby, pregnant mothers are not permitted to travel with us less than 2 weeks before the due date.

5. A - PRICES

All Voyage prices shown in this brochure are in pounds sterling and are per person based on full occupancy of the cabin accommodation unless otherwise stated.

Single/Sole occupancy of cabins with more than one berth is at our discretion as single/sole use of multiple berth cabins will be limited. We reserve the right to change any of the prices quoted in this brochure although there will be no change within 30 days of your departure date. You will be advised of the current price of the voyage or air package holiday you wish to book before your contract is confirmed.

The price of your confirmed holidays is subject at all times to variations in:

(i) the price of transportation resulting from the cost of fuel or other power sources;

(ii) the level of taxes or fees applicable to the holiday imposed by third parties not directly involved in the performance of your holiday, including tourist taxes, landing taxes or embarkation or disembarkation fees at ports and airports; or

(iii) the exchange rates relevant to your package.

You will be charged for the amount of any increase in accordance with this clause and, where this is necessary, we will notify you of the relevant adjustments by issuing a new invoice. However, if this means that you have to pay an increase of more than 8% of the total price of your confirmed holiday (excluding any amendment charges and/or additional services or travel arrangements), you will have the option of accepting the price increase and paying the requested amount, accepting a change to another holiday if we are able to offer one (if this is of equivalent or higher quality you will not have to pay more but if it is of lower quality you will be refunded the difference in price), or cancelling and receiving a full refund of all monies paid to us, except for any amendment charges and/or additional services or travel arrangements not forming part of your package. Should you decide to cancel for this reason, you must exercise your right to do so within 14 days from the issue date on your new invoice.

Should the price of your voyage or air package holiday go down due to changes above then any refund due will be paid to you, less an administration fee of £60. Please note that travel arrangements are not always purchased in local currency and some apparent changes have no impact on the price of your travel due to contractual or other protection in place.

There will be no change made to the price of your confirmed holiday within 20 days of your departure nor will refunds be paid during this period.

5. B - VOYAGE AND AIR PACKAGE HOLIDAY

Prices Do Not Include:

• Travel Insurance • Luggage Handling
• International Flights except where included in the Air Package Holiday Price • Optional Excursions • Gratuities

Optional Excursions booked before you travel or local excursions or other activities that you may choose to book and pay for whilst on holiday are not part of your voyage or air package holiday arrangements provided by us nor are we agents for the provider of the service. For any excursion or other activity you book before departure or with which you are assisted in arranging whilst on holiday, your contract will solely be with the supplier of the excursion or activity and not with Hurtigruten. We are not responsible for the provision of your excursion or activity or for anything that happens during the course of its provision by the supplier.

6. IF YOU CHANGE OR TRANSFER YOUR BOOKING

If you wish to change your travel arrangements after they have been confirmed we will do our utmost to help but it may not always be possible. Any request for changes to be made must be in writing by the person who made the booking or your travel agent. You will be asked to pay an administration charge of £60 per person and any further cost we incur in making this alteration. NB: most airlines will charge a fee for ticket changes. Costs may increase the closer to the departure date that changes are made. For example, the transfer within 60 days of departure of arrangements involving a scheduled flight will mean the cancellation and re-booking of this flight and a significant additional charge.

If you change the number of people in your party, the price of the arrangements will be recalculated for the new party size e.g. this may mean that accommodation is under-occupied and each member of the party may have to pay an increased price.

Any increase in price caused by changes you have requested is not a cancellation charge even though it may arise because a member of your party has cancelled. Any change by you to your confirmed arrangements after departure is in all cases subject to availability and any relevant costs.

Transfer of Booking: If any member of your party is prevented from travelling, that person(s) may transfer their place to someone else, subject to the following conditions:

- that person is introduced by you and satisfies all the conditions applicable to the Arrangements;
- we are notified no less than 7 days before departure;
- you pay any outstanding balance payment, an administration fee of £60 per person as well as any additional fees, charges or other costs arising from the transfer; and
- the transferee agrees to these booking conditions and all other requirements applicable to the holiday booking.

You and the transferee remain jointly and severally liable for payment of all sums.

If you are unable to find a replacement, cancellation charges as set out will apply in order to cover our estimated costs. Otherwise, no refunds will be given for passengers not travelling or for unused services.

7. IF YOU CHANGE BEFORE DEPARTURE

You, or any member of your party, may cancel your travel arrangements at any time. Written confirmation from the person who made the booking or your travel agent must be received by us via email or our offices. For postal cancellations, we recommend recorded delivery. Cancellation takes effect the day we receive your letter or email. Since we incur costs in relation to your arrangements from the time we confirm your booking you will have to pay the applicable cancellation charges as shown in the table below (which also applies if we cancel because you have failed to make payments on time - see 'Payment' section) together with the cost of any

air fare for which we have had to pay at the time of the booking and will be payable immediately on cancellation.

EXPEDITION CRUISES:

When the cancellation letter is received by us before departure	Charges as a % of the total holiday cost (excl. insurance premiums)
90 or more days	20%
60-89 days	40%
28-59 days	70%
15-27 days	90%
Less than 14 days	100%

If you have to cancel for a reason covered by your travel insurance you may be able to reclaim the cancellation charges, less applicable excess. Insurance premiums are not refundable.

8. IF YOU CANCEL DUE TO FORCE MAJEURE

You have the right to cancel your confirmed holiday before departure without paying a cancellation charge in the event of unavoidable and extraordinary circumstances occurring at your holiday destination or its immediate vicinity and significantly affecting the performance of the holiday or which significantly affects transport arrangements to the destination. In these circumstances, we shall provide you with a full refund of the monies you have paid but we will not be liable to pay you any compensation. Please see clause 10 for more information on Force Majeure.

9. IF WE CHANGE OR CANCEL YOUR BOOKING

We reserve the right to change any of the details, and correct any errors in this brochure or invoices at any time. If changes are made before you have made your booking we will advise you before we confirm your arrangements.

We reserve the right in any circumstances to cancel your travel arrangements (for example if a minimum number of participants for a particular travel arrangements not reached, we may have to cancel it) and to change airline, aircraft types, vessels and itineraries without liability for any subsequent loss. Even after we have confirmed your booking we may have to cancel or make alterations to your booking but we will not cancel your travel arrangements less than 60 days before your departure except for reasons of force majeure or failure by you to pay the final balance in full. Most alterations will be minor and while we will do our best to notify you or your travel agent of any changes as soon as reasonably possible if there is time before your departure, we will have no other liability to you.

Occasionally we may have to make a significant change ("Significant Change") to your confirmed arrangements. Significant Changes include the following:

Change of UK departure airport.

Note: A change from one London airport to another is not considered a Significant Change. London airports are Heathrow, Gatwick, Stansted, Luton and London City.

Change of your time of departure or return by more than 12 hours.

Change of your flight from a day flight to a night flight if this also includes

a change to your departure time of 3 hours or more.[†]

Change of resort.

Change of holiday accommodation to accommodation of a lower official rating.

[†] For the purposes of the contract night flights are those which depart from the UK between 2200 and 0600 hours or arrive in the UK between 2400 and 0600 hours.

If we have to make a Significant Change we will notify you as soon as possible and you may either:

(a) accept the Significant Change and the contract between us will then be varied to incorporate the change; or

(b) take alternative arrangements altogether (subject to availability). If the alternative arrangements selected are a lower price than those originally confirmed the difference will (if already paid) be refunded to you; or

(c) withdraw from the booking completely in which case we will, as soon as possible, refund all money paid to us.

You must inform us of your decision as soon as reasonably possible and not later than 7 days of being informed of the alteration. If you choose (a) or (b) above, you will receive as compensation a credit towards the cost of your arrangements, or any alternative selected, as per the amount shown in Scale A below. If you choose (c) we will pay you compensation shown in Scale B below. In all cases we will have no liability for any other or greater compensation or for expenses or losses incurred.

Period before departure date per fare paying notification given by us

	Credit/ passenger (excluding infants)*
0-7 days	Scale A £50 Scale B £25
8-14 days	£40 £20
15-28 days	£30 £15
29-42 days	£20 £0
43-59 days	£10 £5
Over 60 days	Nil

*The compensation shown above applies to full fare paying adults only. Children or others travelling at concessionary rates will receive compensation pro rata based on the concessionary price against the full adult price as shown on the confirmation.

IMPORTANT NOTE: We will not pay you compensation in the following circumstances:

where we make a change that is not a Significant Change;

where we make a Significant Change or cancel your arrangements more than 60 days before departure;

where we have to cancel your arrangements as a result of your failure to make full payment on time;

where the change or cancellation by us arises out of alterations to the confirmed booking requested by you;

where we are forced to cancel or change your arrangements due to Force Majeure (see clause 10).

TERMS AND CONDITIONS

Please note: where arrangements with a higher price than the original arrangements are offered by us and accepted by you, the difference in price will be deducted from any compensation payable. In no case will we pay compensation if the arrangements offered by us and accepted by you are of a higher price than those originally booked by you and in the same location where no additional payment is made by you. If we become unable to provide a significant proportion of the arrangements that you have booked with us after you have departed, we will make alternative arrangements for you at no extra charge and, if appropriate in all the circumstances, will pay you reasonable compensation.

A flight or ship delay does not constitute a change to holiday arrangements.

10. FORCE MAJEURE

Except where otherwise expressly stated in these Booking Conditions we are unable to accept liability or pay compensation where the performance or prompt performance of our contractual obligation is prevented or affected by reason of circumstances amounting to 'force majeure' i.e. any event which we or the supplier(s) of the service(s) could not, even with due care foresee or avoid. Such events may include, but are not limited to, war, threat of war or civil commotions, riots, terrorist activity, industrial dispute, natural or nuclear disaster, adverse weather, fire, flood, drought, government action, airport and port regulations and closures, technical transportation problems, maintenance to vessels, scheduling of transport and similar events outside our control.

A flight or ship delay does not constitute a change to holiday arrangements.

11. COMPLAINT PROCEDURE

If there is a problem during your holiday, you must report it on board immediately or to the relevant airline, ground handler, hotelier or other supplier, so that prompt efforts can be made to resolve the problem. In the unlikely event that a problem cannot be resolved at the time and you wish to complain, you must send us full written details within 28 days of your return.

Failure to take either or both of these steps will prejudice our ability to resolve your problem and / or investigate it fully. In consequence, any right to compensation you may have will be extinguished or, at the very least, substantially reduced.

Where the port of embarkation for your sailing is in the EU then any complaints relating to EU Regulation 1177/2010 on Passenger Rights when travelling by Sea and Inland waterways must be made to us in writing no later than 2 months after return from travel or the date on which the service complained of was performed. We will provide a final reply within 2 months. You must supply full details to enable us to deal with your complaint.

Please note that we offer an Alternative Dispute Resolution service through our ABTA membership. Please see clause 12 for further details. You can also access the European Commission Online

Dispute (ODR) Resolution platform at <http://ec.europa.eu/consumers/odr/>. This ODR platform is a means of registering your complaint with us; it will not determine how your complaint should be resolved.

12. ABTA

We are a Member of ABTA, membership number V7545. We are obliged to maintain a high standard of service to you by ABTA's Code of Conduct. We can also offer you ABTA's scheme for the resolution of disputes which is approved by the Chartered Trading Standards Institute. If we can't resolve your complaint, go to www.abta.com to use ABTA's simple procedure. Further information on the Code and ABTA's assistance in resolving disputes can be found on www.abta.com.

13. OUR LIABILITY TO YOU

(i) We will accept responsibility for those arrangements we agree to provide or arrange for you as an 'organiser' under the Package Travel, Package Holidays and Package Tours Regulations 1992 and the EU Directive 2015/2302 on Package Travel (and subsequent UK regulations) as set out below. Subject to these booking conditions, if we or our suppliers perform or arrange your contracted holiday arrangements negligently, taking into consideration all relevant factors, we will pay you reasonable compensation. The level of such compensation will be calculated taking into consideration all relevant factors such as but not limited to: following the complaints procedure as described in these conditions and the extent to which ours or our employees' or suppliers' negligence affected the overall enjoyment of your holiday. Please note that it is your responsibility to show that we or our supplier(s) have been negligent if you wish to make a claim against us.

(iii) Where death and or personal injury and or loss of or damage to property occurs during carriage by air or by sea then liability and the extent of damages recoverable will be dealt with by International Conventions as set out in paragraphs (v) and (vi) and not otherwise.

(iv) As set out in these booking conditions we limit the maximum amount we may have to pay you for any claims you may make against us which do not involve personal injury, illness or death. Except where loss of and/or damage to luggage or personal possessions is concerned if we are found liable to you on any basis the maximum amount we will have to pay you is twice the price (excluding insurance premiums and amendment charges) paid by or on behalf of the person(s) affected in total unless a lower limitation applies to your claim under clause 13 (vi) below.

(v) Where any claim or part of a claim (including those involving death or personal injury) concerns or is based on any travel arrangements (including the process of getting on and/or off the transport concerned) provided by any air, sea, rail or road carrier or any stay in a hotel, the maximum amount of compensation we will have to pay you will be limited. The most we will have to pay you for that claim or that part of a claim if we are found liable to you on any basis is the most the carrier

or hotel keeper concerned would have to pay under the international convention or regulation which applies to the travel arrangements or hotel stay in question. (for example, the Warsaw Convention as amended or unamended and the Montreal Convention for international travel by air and/or for airlines with an operating licence granted by an EU country, the EC Regulation on Air Carrier Liability No 889/2002 for national and international travel by air, the Athens convention for international travel by sea).

Please note: Where a carrier or hotel would not be obliged to make any payment to you under the applicable International Convention or Regulation in respect of a claim or part of a claim, we similarly are not obliged to make a payment to you for that claim or part of the claim. When making any payment, we are entitled to deduct any money which you have received or are entitled to receive from the transport provider or hotelier for the complaint or claim in question. Copies of the applicable International Conventions and Regulations are available from us on request. We do not have any liability to you by virtue of the Regulation 261/2004 which applies solely to the operating carrier. Any liability we may have to you under our contract with you, arising out of the same facts, is limited to the remedies provided under the Regulation as if (for this purpose only) we were a carrier; any sums you receive from the carrier will be deducted from any amount due from ourselves.

(vi) Travel by sea is governed by the provisions of the Convention Relating to the Carriage of Passengers and their Luggage by Sea 1974 as amended in 1976 ("The Athens Convention) and where applicable from 1 January 2013 EU Regulation 392/2009 relating to the Liability of carriers of passengers by sea in the event of accidents ("EU Regulation 392/2009). For the purposes of the Athens Convention and EU Regulation 392/2009 we are the Contracting Carrier.

The Athens Convention and EU Regulation 392/2009 limit the Carriers' liability for death or personal injury or loss or damage to luggage and makes special provision for valuables. It is presumed that luggage has been delivered to you undamaged unless written notice is given by us and/or the performing Carrier.

a) in the case of apparent damage, before or at the time of disembarkation or redelivery; or

b) in the case of damage which is not apparent or of loss, within 15 days from the date of disembarkation or redelivery or from the time when such redelivery should have taken place.

Damages for cabin luggage payable by the Carrier are limited up to the Athens Convention limit of 833 SDRs or 2250 SDRs if EU Regulation 392/2009 applies. Limits shall be reduced in proportion to any contributory negligence by the Client and by the maximum deductible specified in Article 8(4) of the Athens Convention or EU Regulation 392/2009.

In so far as we may be liable to a Client in respect of claims arising out

of carriage by sea, we shall be entitled to all the rights, defences, immunities and limitations available, respectively, to the actual carrier and under the relevant Conventions and nothing in these Booking Conditions shall be deemed as a surrender thereof. To the extent that any provision in these Booking Conditions is made null and void by the Athens Convention or EU Regulation 392/2009 or any legislation compulsorily applicable or is otherwise unenforceable, it shall be void to that extent but not further.

Any liability in respect of death and personal injury and loss of and damage to luggage which we may incur to you shall always be subject to the limits of liability contained in the Athens Convention or EU Regulation 392/2009 for death/ personal injury of 46,666 Special Drawing Rights (SDR) or 300,000 SDR under Athens Convention or 400,000 SDRs under EU Regulation 392/2009 except in the case of liability for war or terrorism 250,000 SDRs. We are not liable for valuables, monies or other securities including jewellery and watches. If they have been deposited with the reception desk on the ship for safe keeping and a receipt issued then in those limited circumstances the Carriers liability will be as set out in the Athens Convention or EU Regulation 392/2009. The use of safes on board a Vessel is not a deposit with the ship or with the company under the Athens Convention or EU Regulation 392/2009 or otherwise. The limits are 1200 SDRs pursuant to Athens or 3,375 SDRs pursuant to EU Regulation 392/2009.

(vii) Where there is any loss of or damage to property including luggage which is not covered by any international convention and where liability is not limited by reference to any enactment, terms of conditions, then any legal liability that we may have for any such losses or damage will not exceed £500 per guest.

(viii) You must provide ourselves and our insurers with all assistance we may reasonably require. You must also tell us and the supplier concerned about your claim or complaint as set out in clause 11 above. If asked to do so, you must transfer to us or our insurers any rights you have against the supplier or whoever else is responsible for your claim or complaint (if the person concerned is under 18, their parent or guardian must do so). You must also agree to cooperate fully with us and our insurers if we or our insurers want to enforce any rights which are transferred.

(ix) Please note, we cannot accept any liability for any damage, loss or expense or other sum(s) of any description: (a) which on the basis of the information given to us by you concerning your booking prior to our accepting it, we could not have foreseen you would suffer or incur if we breached our contract with you; or (b) relate to any business.

(x) We will not accept responsibility for services or facilities which do not form part of our agreement or where they are not advertised in our brochure. For example any excursion you book whilst away, or any service or facility which your hotel or any other supplier agrees to provide for you.

14. YOUR RESPONSIBILITIES AND INDEMNITY

When you book arrangements with us you accept responsibility for the proper conduct of yourself and your party. If your actions or omissions cause damage to any property in the provision of the contracted arrangements, or cause delay or diversion to any flight or other means of transportation, you agree to fully indemnify us against any claim (including professional fees and legal costs) made against us by or on behalf of the owner of such property or the operator of the flight or other means of transportation. The Captain of an aircraft or Master of a ship has authority over the aircraft/ship and passengers at all times when they are boarding or on board. There will be no liability on our part, or that of any supplier, for any refund, compensation, or costs thus incurred. Additionally, we will have the right to recover full costs resulting from the incident from the passenger.

At any port or place we may refuse to embark or may disembark any passenger who, in the opinion of the ship's authorized personnel, might be excluded from landing at further destinations by local authorities or who may be suffering from any contagious or infectious disease, or whose presence may be detrimental to the wellbeing of passengers or crew. In cases of quarantine of the ship, or individual passengers (passengers may be required to remain in their cabin or as instructed by authorised personnel on board if they or any other occupant of the accommodation presents any symptoms or may be considered to put other passengers at risk) we will not be liable for expenses thus caused and in such cases as above there will be no entitlement to any refund or compensation and we will have no liability for costs incurred as a result.

Your specific passport and visa and health requirements and other immigration requirements are your responsibility and you should confirm these with the relevant Embassies and/or Consulates. We do not accept responsibility if you cannot travel because you have not complied with the latest requirements. If you have made independent travel arrangements you accept responsibility for joining the ship in good time, regardless of any change to the sailing time or date, or to the itinerary. We are not able to refund monies paid to us, or any third party acting on our or your behalf, or make compensation or other payments where, for whatever reason, you fail to join the ship. Passengers going ashore are responsible for re-boarding the ship prior to departure from port.

We reserve the right to substitute another vessel for the scheduled

vessel whether or not owned or operated by Hurtigruten. Any part of the travel arrangements and the voyage is subject to cancellation, delay, modification, or island/mainland visit cancellation for any reason, including medical disembarkation of crew or passengers or any other circumstances beyond our or our suppliers' control. You therefore acknowledge and agree that the scheduled itinerary for the voyage and the announced departure and arrival times are not guaranteed and we shall not be liable to passengers for any damages or other claims in the event of any delay, changes in itinerary or inability to perform services by reason of any event or events beyond our or our suppliers' control.

15. INSURANCE

It is a condition of the contract with us that every member of the booking has travel insurance in force for the entire duration of the booking, covering at least the cancellation of the booking and providing medical cover for illness or injury and repatriation while overseas. Please provide us with the name of your insurer, together with their 24-hour emergency number when you book or as soon as possible.

16. TIMINGS, DELAYS & OTHER TRAVEL INFORMATION

Timings are estimates only and cannot be guaranteed, even if shown on tickets. They may be changed due to regulatory authority requirements, weather conditions, maintenance or technical reasons, and the ability of passengers to check in and board on time. Sometimes delays cannot be avoided but in such situations, in conjunction with our local agents or representatives, we will try to ensure your comfort during the course of any delay.

Where the port of embarkation is in the EU and the company reasonably expects the departure of a cruise to be delayed for more than 90 minutes beyond its scheduled departure time, passengers departing from port terminal shall be offered free of charge snacks, meals or refreshments as are appropriate given the waiting time, provided they are available and can reasonably be supplied. If the delay in departure necessitates a stay of one or more nights or a stay additional to that intended by the passenger where and when physically possible the Company shall, subject to the Package Travel Regulations 1992 and the EU Directive 2015/2302 on Package Travel (and subsequent UK regulations, offer passengers departing from port terminals free of charge adequate accommodation on board or ashore, and transport to and from the port terminal and place of accommodation in addition to the snacks, meals and refreshments previously referred to. The maximum amount that the

company will pay for accommodation ashore and transport to and from the port terminal shall be equivalent to 80 Euros per person per night for a maximum of three nights. The company will not have an obligation to provide such accommodation ashore where the delay is caused by weather conditions endangering the safe operation of the ship.

Please note the existence of a "Community list" (available for inspection at https://ec.europa.eu/transport/modes/air/safety/air-ban_en) detailing air carriers that are subject to an operating ban with the EU Community.

17. PROMPT ASSISTANCE

If the contract we have with you is not performed or is improperly performed as a result of failures attributable to you or a third party unconnected with the provision of the arrangements, or as a result of failures due to unusual and extraordinary circumstances, and you suffer an injury or other material loss, we will offer you such prompt assistance as is appropriate in the circumstances. In particular, we will provide you with appropriate information on health services, local authorities and consular assistance, and with distance communications and finding alternative travel arrangements. Where you experience a delay which is not owing to any failure by us, our employees or subcontractors, this prompt assistance is likely to extend to providing help in locating refreshments, accommodation and communications but not paying for them. Any airline or other transport supplier may however pay for or provide refreshments and/or appropriate accommodation and you should make a claim directly to them. Subject to the other terms of these conditions, we will not be liable for any costs, fees or charges you incur in the above circumstances, if you fail to obtain our prior authorisation before making your own travel arrangements.

18. VALIDITY OF TERMS AND CONDITIONS

These terms and conditions are valid from July 2023 and the details and prices may be superseded. Changes may occur after the date of release, and some hotel/ship facilities may become unavailable. While this brochure features photography and descriptions of local wildlife, there is no guarantee of sightings.

19. LAW AND JURISDICTION

Your contract shall be governed by English law and the jurisdiction of the English Courts. You may however choose the law and jurisdiction of Scotland or Northern Ireland if you wish to do so.

20. DATA PROTECTION

In order to process your booking and ensure your travel arrangements run smoothly and meet your requirements we, Hurtigruten Ltd, need to use the information you provide such as name, address, any special needs/dietary requirements etc. We take full responsibility for ensuring that proper security measures are in place to protect your information. We must pass the information on to the relevant suppliers of your travel arrangements such as airlines, ships, hotels, transport companies etc. The information may also be provided to security or credit checking companies, public authorities such as customs/immigration if required by them, or as required by law.

Additionally, where your holiday is outside the European Economic Area (EEA), controls on data protection in your destination may not be as strong as the legal requirements in this country. We will not pass any information on to any person not responsible for part of your travel arrangements. This applies to any sensitive information that you give to us such as details of any disabilities, or dietary/religious requirements. (If we cannot pass this information to the relevant suppliers, whether in the EEA or not, we cannot provide your booking. In making this booking, you consent to this information being passed on to the relevant persons.) Please note that where information is also held by your travel agent, this is subject to your agent's own data protection policy. Hurtigruten is not responsible for the privacy practices of any other companies.

Please see our privacy policy for further information: www.hurtigruten.com/en-gb/expeditions/terms

Date: July 2023

The air holidays in this brochure are ATOL protected by the Civil Aviation Authority. Our ATOL number is 3584. Please see booking conditions for more information. ATOL protection only applies to holidays that include international air travel, and therefore does not apply to all holiday and travel services shown in this brochure. Please ask us to confirm what protection may apply to your booking.



Hurtigruten is also a member of ABTA. UK & Ireland and is bonded accordingly. This ensures the protection of your monies, once paid to Hurtigruten, for all holidays contained in this brochure that are not ATOL protected, for example voyage only. It also covers your repatriation to the UK in the unlikely event of our insolvency.



CARBON FOOTPRINTS: In partnership with CLIMATE CARE (www.jpmorganclimatecare.com) we would also like to invite you to contribute a small amount per passenger, which will be used on projects designed to offset the emissions generated by your air travel.



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Welcome aboard 1893 Ambassador

Sign up to our free loyalty
programme and look
forward to:

- Welcome gift in your cabin
- Complimentary Wi-Fi
- 5% discount on excursions
- Discounts with a range of partners
including 10% with Helly Hansen

If you're already an 1893 Ambassador,
please include your membership number
when making your booking.

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